



Indukaka Ipcowala Seva Sansthan
Jivraj Park, Ahmedabad

EDITORIAL

Dear Friends & Well Wishers

Greetings!!

We are very much pleased to inform that day by day HCF is expanding its services with more enthusiasm and energy. Slowly but steadily, we have been able to go on adding new facilities to serve more number of people in their needs in healthcare.

During the last year esteemed donors came forward to support us in different projects including outreach camps.

To cater to more people, we have started engaging Full Time Doctors, initially with Ophthalmology Orthopaedic & ENT. Most likely in coming years we will be able to engage more full-time doctors in other units also.

As soon as Covid-19 situation phased out, like earlier years, last year we were happy to host 2 teams of overseas doctors, from UK & USA and organised consecutive 2 charity missions for corrective surgeries of scoliosis and upper & lower limb deformities.

Our special program “SAMIPYA” organised by us to interact with our valued donors and doctors was very much successful with overwhelming presence and support.

In the meantime, we have started focusing to enhance the soft skill of our staff members by organising periodical clinical and management training programs, which will definitely help us in our service level.

Post corona, we have increased the scope and area of outreach camps to reach out to more people.

Our continues journey with newer avenues for all these years could happen only due to support from all concerned – and hence we wish to express our highest gratitude for our esteemed Doctors, Donors, Well-wishers, Trustees, Committee Members, YUVA Team Members, Volunteers, staff members as well as AUDA, AMC, GOG who are with us always in our needs for the betterment of the society.

We believe that we will continue to receive support from all of you in future also to make happen our commitment to serve the society.

Dr. Kalpan Desai
Trustee & Hon. Secretary

Dr. Bharat Bhagat
Founder & Chairman

Dr. Prakash Bhatt
Trustee & CEO



**HEALTH & CARE
FOUNDATION**

HOSPITAL

MISSION

To provide specialized health care services to the needy, with focus on the underprivileged.

VISION

Providing quality health care services through expert medicos either free or at affordable cost.



SAMIPYA PROGRAM

9th January, 2023

Chief Guest:

Shri Pankajbhai Patel

(Chairman - Zydus Life Science Ltd)

Special Guest:

Shri Punitbhai Lalbhai

(Vice-Chairman & Executive Director
- Arvind Mills Ltd)



CHARITY MISSION FOR SCOLIOSIS CORRECTIVE SURGERY

30th October -

5th November 2022



CHARITY MISSION FOR UPPER & LOWER LIMBS CORRECTIVE SURGERIES

2nd February -

9th February 2023

Chief Guest:

Shri. M. Thenarassan-IAS

(Municipal Commissioner
Ahmedabad)

OUR HEARTFELT CONDOLENCE

LATE SHRI PRAVINBHAI BALUBHAI SHAH

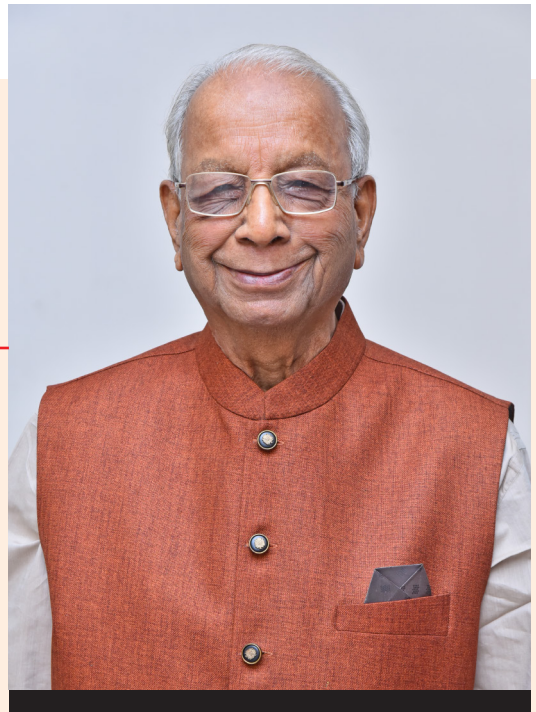
Founder Trustee – HCF

“He left us with hope and inspiration.”

“He was the brightest gem of the Foundation.”

“He has gone but can never be forgotten.”

“He showed by example what we can achieve through honesty, integrity, dedication and commitment.”



You are not with us forever but will always remain in our memory as a reminder of the bright rituals you gave... You were the aroma of virtues, you were the fragrance of dedication, your shadow was the same, and your deeds were like your image, the heart is filled with the memory of your virtues and the eyes are full with tears.

You have always tried your best to help others by being happy and so be a light for us with the same virtues. Following your virtues, principles and the given sacramental heritage, we will walk the journey of life, the same to you from the bottom of our heart....

We pray almighty God to bestow upon eternal peace to the departed soul.

Health and Care Foundation Parivar.



CHARITY MISSION FOR SPINE (SCOLIOSIS) CORRECTIVE SURGERY

30th October to 5th November, 2022

Supported by:

- Spinal Care Foundation-UK
- Spine Experts From UK & INDIA
- M/s Medtronic UK & INDIA

Every year, Spine surgeons from United Kingdom visit and perform complex scoliosis operations at Health and Care Foundation. Such operation usually lasts for 6 to 8 hours and is very expensive. Dr. Shaishav Bhagat from Spine Care Foundation U. K. brings donations and also brings very expensive implants from Medtronic's Company. A total of 9 operations were performed in this 2022 mission, all operations were successful and all patients have recovered fully. All the operations were done free of cost. The Surgeries were performed by Dr. Amit Jhala, Dr. Shaishav Bhagat, Dr. Am Rai, and Dr. J. P. Modi.

SAMIPYA

9th January, 2023

A small seed planted in 1987, today has become a banyan tree and is doing a wonderful work for human kind in the field of healthcare services. Polio Foundation had gone far beyond limited functions and developed countless activities under the banner of Health and Care Foundation. Our organization works with a commitment to do something new every year. The journey of development of this foundation works with the sole objective of helping the unfortunate people to get rid of their sufferings.

This development has been possible because the institute has the support of honorary doctors, generous donors, volunteers, GOG & AMC. Health and Care Foundation is an example of how much social work can be done if all these people work together. It was decided that all connected people should meet and interact for further development of the organization and accordingly SAMIPYA PROGRAM was organized.



The evening of 9th January, 2023 became a rare event when the hall of Ahmedabad Management Association was full with donors, doctors and well-wishers. Watching the organization's activities through audio-visual medium everyone was highly impressed. Shri Pankajbhai Patel (Chairman of Zydus Life Science Ltd) as Chief Guest and Shri Punitbhai Lalbhai (Executive Director of Arvind Mills Ltd) as Special Guest spoke highly about achievements of the foundation. All were also impressed with the preparation of the new leaders for future of Foundation.



CHARITY MISSION 2023

For Corrective Surgeries of Upper & lower Limb Birth Deformities

Sponsored by:

- Raajratna Foundation.
- Surgeons from Cincinnati Children's Hospital Medical Center, USA.



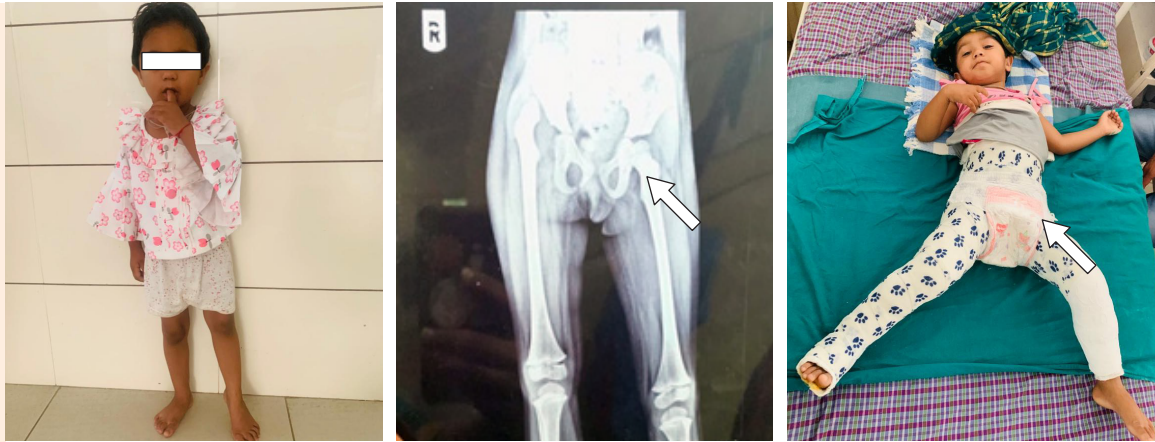
A mega charity mission was organized at Health and care Foundation between 2nd February to 9th February, 2023, for Upper & Lower limb corrective surgeries, sponsored by RAAJRATNA FOUNDATION & Supported by Surgeons and anesthetists from Cincinnati Children Hospital Medical Center- USA, led by, Dr. Shital Parikh – Pediatric orthopedic surgeon (Co-Director Orthopedic Sports Center, Division of Pediatric Orthopedic & Associate Professor – Cincinnati Children Hospital, USA). Total 193 patients were screened, referred by Apang Manav Mandal, Sadhvichar Parivar Trust, Bhansali Trust Hospital and other organizations. We also advertised in different media supported by M/s PSP projects and Ambabhen Maganbhai Patel Public Charitable Trust. Total 48 corrective surgeries were successfully performed at totally free of cost. All patients and their families were highly happy with the care provided by staff of HCF.

NATIONAL HEALTH MISSION

DISTRICT EARLY INTERVENTION CENTER

Recognized by Government of Gujarat

For diagnosis and treatment of children with deformities, deficiencies, disease and developmental disorders between the age of 0 to 18.



Developmental Dysplasia of the Hip Pre - Post

We have 35 Years of experience in the field of congenital birth defects. Considering the expertise, the Government of Gujarat has given approval to the hospital as DISTRICT EARLY INTERVENTION CENTER; under this banner, the hospital has been rendering complete diagnosis, treatment and / or surgery for 28 types of congenital birth defect totally free of cost to the patients up to 18 years of age.

DEFECTS AT BIRTH

- Neural Tube Defect
- Down's Syndrome
- Cleft Lip & Palate/Cleft Palate Alone
- Clubfoot
- Developmental Dysplasia of the Hip
- Congenital Cataract
- Congenital Deafness
- Congenital Heart Diseases
- Retinopathy of Prematurity

CHILDHOOD DISEASES

- Skin condition (Scabies, Fungal Infection and Eczema)
- Otitis Media
- Rheumatic Heart Disease
- Reactive Airway Disease
- Dental Caries
- Convulsive Disorders

DEFICIENCIES

- Anemia especially Severe Anemia
- Vitamin A Deficiency (Bitot Spot)
- Vitamin D Deficiency (Rickets)
- Severe Acute Malnutrition
- Goiter

DEVELOPMENTAL DELAYS AND DISABILITIES

- Vision Impairment
- Hearing Impairment
- Neuro-Motor Impairment
- Motor Delay
- Cognitive Delay
- Language Delay
- Behavior Disorder (Autism)
- Learning Disorder
- Attention Deficit Hyperactivity Disorder
- Congenital Hypothyroidism, Sickle Cell Anaemia

SHANTABEN KANTIBHAI PATEL (PATDIWALA) PEDIATRIC ORTHOPEDIC UNIT

Supported by:

• RMMMRT - Mumbai • JeweleX India Pvt Ltd.

Children having congenital birth defects suffer tremendous problems in their daily lives. Society is also not that much kind towards such children and does not support them as per their needs. To make them happy, and to lead respectable lives, under this unit these children are diagnosed and operated by expert Pediatric Orthopedic Surgeons. The hospital has all facilities, like modern Operation Theatre with IITV and other latest equipment to perform such surgeries. Post- surgery, the beneficiary is provided with calipers and/or Artificial Limbs as per requirements

PEDIATRIC ORTHOPEDIC UNIT	
New Beneficiaries	426
Follow-up Beneficiaries	1534
Total Beneficiaries	1960
Corrective Surgeries Done	257



Before



After

SUSHILABEN MANUBHAI PARIKH CLUBFOOT CLINIC

Clubfoot is a congenital condition that causes a baby's foot to turn inward or downward. It can be mild or severe and can occur in one or both feet. In babies who have clubfoot, the tendons that connect their leg muscles to their heel are too short. These tight tendons cause the foot to twist out of shape. At HCF, club foot deformities are successfully corrected with non-surgical Ponseti method followed by splints and physiotherapy. After casting period, few numbers of babies require Tenotomy surgery to release tightness in the Achilles tendon.

CLUBFOOT	
New Beneficiaries	23
Follow-up Beneficiaries	49
Total SC	72
Ponseti	58
Tenotomy	17



Pre-Treatment

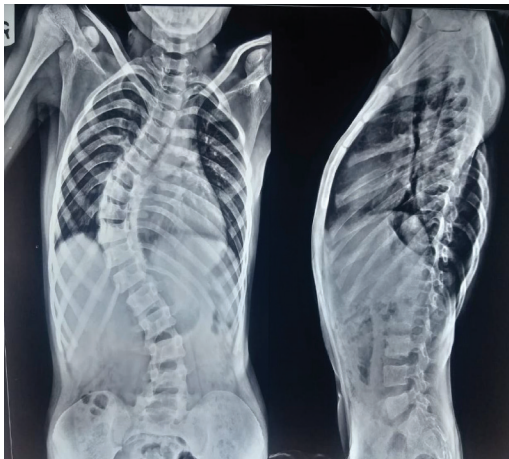


Post-Treatment

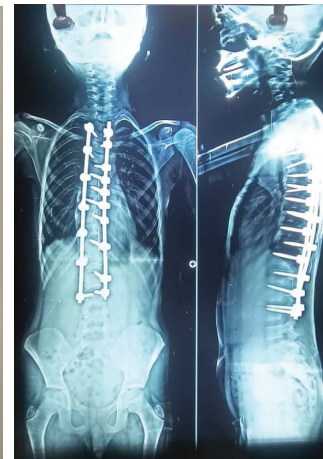
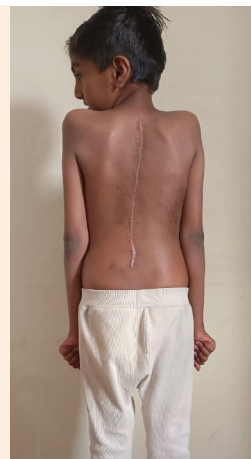
HEART FOUNDATION & RESEARCH INSTITUTE DR. NITIN SUMANT SHAH

SPINAL (SCOLIOSIS) CORRECTIVE SURGERY UNIT

Supported by : RMMMRT - Mumbai



Pre - Operative



Post - Operative

Spine is one of the most useful and important body parts of human. If any damage in spine, then various other important body parts are also affected and the person cannot lead a normal life.

The Spine Clinic at Health & Care Foundation Hospital taking care of such children suffering from congenital spinal problems by diagnosis, treatment and corrective surgery by expert spine surgeons supported by modern equipment and facilities. Such type of surgeries are very critical and time consuming as well as very expensive. In our trust hospital, such surgeries are done either free of cost or at a very nominal cost.

Every year, team of Spinal Experts comes from UK to perform spinal surgeries to support us.

SCOLIOSIS DATA

New Beneficiaries	66
Follow-up Beneficiaries	72
Total beneficiaries	138
Total Surgery Done	46

TOTAL KNEE REPLACEMENT SURGERY

Supported by : RMMMRT, Mumbai

Total Knee Replacement Surgery performed at Health and Care Foundation for people who don't have PMJAY card or Mediclaim and have financial constraint; we are trying to help them by providing surgery at very affordable low cost. So that they can live respectful lives in society.

Swiss made Implant or implant of J&J brand are provided by **Radha Mohan Mehrotra Medical Relief Trust (RMMMRT)** of Mumbai at free of cost.

Old Patients (2022)	16
New Patients (2023)	09
Total Surgery Done	25

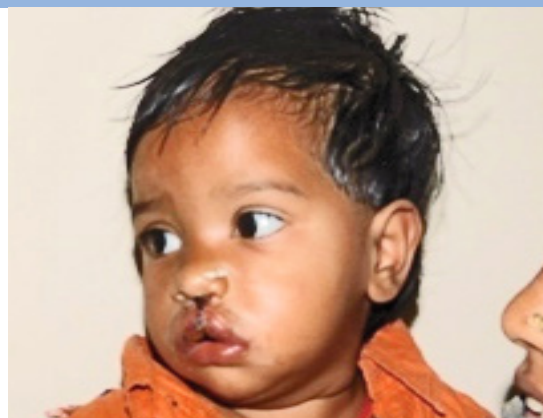
CLEFT LIP & PALATE CORRECTIVE SURGERIES

Supported by : Kamla Foundation, UK

CLEFT LIP

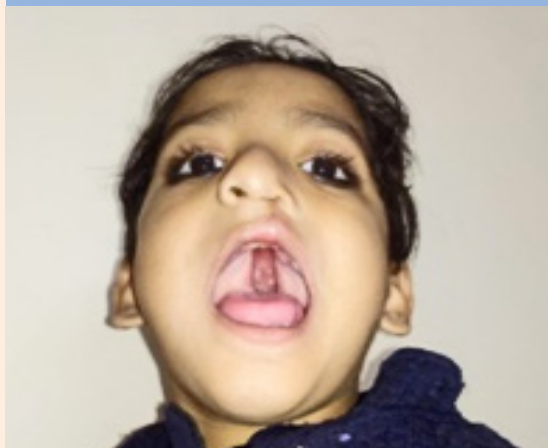


Before



After

CLEFT PALATE



Before



After

Cleft lip and palate are one of the most common birth defects, openings or splits in the upper lip, the roof of the mouth (palate) or both. Cleft lips mostly seen in boys, while cleft palate is seen in girls and occurs about 1 or 2 per 1000 births in the world. Cleft lip and palate is usually surgically repaired in Heath and Care Foundation hospital totally free of cost under expert plastic surgeon team by modern techniques. Surgery can significantly improve child's appearance, quality of life, and ability to eat, breath and talk.

CLEFT LIP & CLEFT PALATE DATA

New Beneficiaries	35
Follow-up Beneficiaries	17
Total beneficiaries	52
Total Surgery Done	45

CEREBRAL PALSY CENTER

JIVRAJ PARK UNIT

Supported by : Shah Chimanlal Chhotalal
Lokhandwala Charitable Trust
Day Care Center Supported by :
Smt. Shantaben Jayantilal Choksi,
C/o. Shri J. J. Choksi
Supported by : Invensia Healthcare

NIKOL UNIT

Supported by : Late Dr. J C Shah &
Ahmedabad Municipal Corporation
Sponsored by : Ahmedabad Mercantile
Co-operative Bank Limited

Cerebral palsy is a developmental disability caused by brain damage before, during or after birth. It is a term for a group of condition in which brain damage affects ability to move or control muscles. Each child with CP is affected differently depending with the level of damage. It is found in 3 out of every 1000 children worldwide. Our foundation has been running unit for cerebral palsy children, who are usually neglected by community. Under this unit, we have been providing a variety of therapies which help to maximize their abilities and physical strength, prevent complications, and improve their quality of life and expert doctors perform regular diagnosis of the children to ensure their assessments and proper rehabilitation.



	Jivraj Park	Nikol
Physiotherapy	8114	4663
Occupational Therapy	6173	3015
Sensory investigations	3135	1497
Home bound program	30	-
Day care unit	1943	-
ADL	1998	1419
Play therapy	2514	1351
Speech therapy	162	-
Developmental pediatrician	28	-
Psychological assessment	16	-
Special Education	6838	1296

	New	Old
General Pediatrician	74	19
Pediatric Neurology	61	333
Developmental Delay	7	24
Surgery (With Botox Injection)	3	
Registered Children – Jivraj Park Center	128	
Registered Children – Nikol Center	32	

SHREE GUJARAT VAISHYA SABHA VOCATIONAL TRAINING CENTER



Vocational training focuses on developing technical skills for a specific job or trade. It offers you practical knowledge in contrast to theoretical knowledge offered by the conventional formal education system. Understanding different vocational training options can help you choose the right one for one's career growth and development. The trust has started a vocational training center at Jivraj Park. In this center, the children are engaged in preparing different articles, e.g., foot mat, paper gift bags, Rakhis, earthen diyas etc. which are used by different individuals as well as corporates.

VOCATIONAL TRAINING CENTER		
Diya	Paper Bags	Rakhi
15247	4889	983

LATE. SHARMISHTHABEN MANUBHAI SHAH (BADARPURWALA) AUTISM UNIT

AUTISM	
New Beneficiaries	359
Follow-up Beneficiaries	112
Total beneficiaries	471



Autism is one kind of mental disease found in children. Usually, it is found in 2 children per 1000 live births. The children become hyper-active due to this. The trust has been running successfully a separate unit for such children since last 8 years. In this unit specially trained teachers provide various therapies to such children to make them cured. With help of such scientific therapies and treatment, such children become physically and mentally improved to live a normal life. The parents of such children are also counseled from time to time for better results.

PRAVINBHAI BALUBHAI SHAH CHARITY TRUST

OPHTHALMIC DEPARTMENT



As India has the highest number of blind populations in the world, the importance of this unit is immense. We have all facilities under one roof for prevention of blindness by investigations, treatment and advanced surgery for all age group of patients. With help of modern equipment, diagnosis of eye disorder is done in our hospital. Under this unit, General eye check-ups, vision test, tests for cataract, squint etc. are done in the OPD by expert consultants.

Modern Operation Theatre, surgeries for Pediatric as well as adult cataract and other ophthalmic surgeries are performed at very affordable cost.

Under this department we have units for

- Adult & Pediatric Cataract Surgery
- Cornea Grafting
- Glaucoma
- Retinal Problems
- Orbit and Oculoplasty Surgery

	New Beneficiaries	Follow-up Beneficiaries	Surgery – Procedure
Adult Cataract	3254	4133	570
Cornea Grafting	29	139	9
Glaucoma	58	147	52
Retinal Problems	340	1016	645
Orbit and Oculoplasty	41	151	33

RAMANGOURI AND HIRALAL SHAH INVESTIGATIVE DIABETIC RETINOPATHY CLINIC

Due to diabetes and high sugar, patients may suffer from retinal problems. If not taken seriously and treated on time, loss of vision may follow. In our trust hospital, such patients are diagnosed and investigated by FFA, OCT Machines.

New Beneficiaries	340
Follow-up Beneficiaries	1016
Total beneficiaries	1356
Laser Therapy	136
Intraocular injection	152



SCREENING OF DIABETIC RETINOPATHY AT OUTREACH CAMPS

Supported by : Smt. Smitaben and Shri Kiritbhai Shah (USA)

Health & Care Foundation on regular basis organize outreach camps in community places for screening of diabetes as well as eye problems. After screening of eyes at such camps, we provide complete investigations to the positive patients and give them laser therapy or intraocular injections.



RETINOPATHY OF PREMATURITY

Supported by : Parampujya Acharya Shree Kalyansagar Surishwarjee Maharaj Saheb
Amola Surendrabhai Mangaldas Kachrabhai Parivar (Tintodavala)

In India, with advance in neonatal care units, a large number of low-birth-weight premature babies are now living with risk of developing retinopathy of prematurity (ROP). The low-birth-weight babies are more likely to develop ROP. This disorder which usually develops in both eyes & one of the most

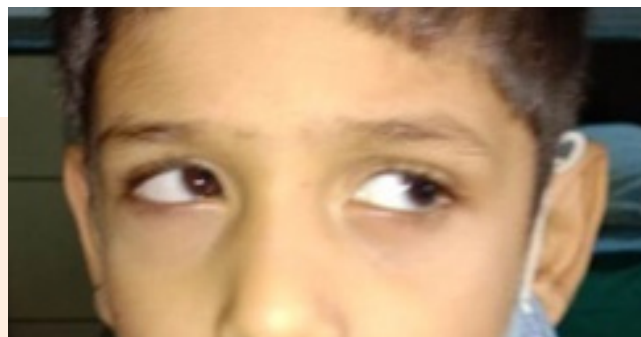
common causes of visual loss in childhood and can lead to lifelong vision impairment and blindness. Our hospital runs the telemedicine project since more than twelve years supported by NHM, Government of Gujarat. Our mission is to screen pre-mature babies by RETCAM, diagnose and provide necessary treatment to save babies eye sight.



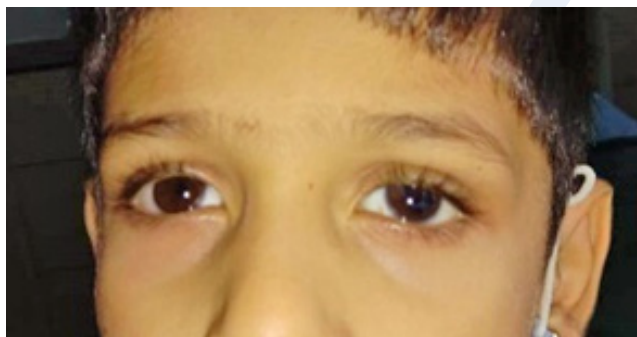
New Babies	4109
Follow-up babies	1975
Total babies screened	6084
Eyes treated	254

PEDIATRIC OPHTHALMOLOGY UNIT

Supported by : Sheth Harilal Harivallabhdas Trust



Before



After

At the time of birth, some babies suffer with problems of cataract, cross-eyed etc. which become complex for them. If timely steps are not taken and treatments are not done, the problems may affect the vision of the child and may lead to blindness. In this unit, children come for diagnosis. By providing timely investigations and treatment and if required surgeries, such children are cured of the problems. Surgeries are performed either free of cost or at highly affordable cost.

New Beneficiaries	113
Follow-up Beneficiaries	227
Total beneficiaries	340
Cataract Surgery done	45
Squint Surgery done	3

CENTER FOR DIABETES AWARENESS AND DETECTION

Supported by : Lalji Mehrotra Foundation, Mumbai

India has the highest number of diabetes patients in the world – irony is that Gujarat's diabetes ratio is also high in All India average. CENTER FOR DIABETES run by our trust, organize outreach screening camps in community places for detection of diabetes. After primary screening, if found positive, patients are advised to come to our hospital for all secondary investigations which are done totally free of cost. We organize awareness seminars & talk-shows for prevention of diabetes. We also run a Diabetes club to help the patients continuously on long term basis under Diabetics membership card.

New Beneficiaries	1,116
Follow-up Beneficiaries	5,151
Total beneficiaries	6,267
Further investigations	1,046

Facilities for Diabetic club members:

Secondary investigations just INR 100/-	Tertiary care Treatment Just INR 500/-
FBS / PPBS 6 times in a year	Heart 2D Echo
Physician Reference 4 times in a year	Kidney Electrolytes (NA+, K+, Cl)
Eye Fundus Check-up 2 times in a year	Kidney Sonography of Kidney
ECG 2 times in a year	Eye FFA or Fundus photos + OCT
Serum Creatinine – 1 time in a year	Foot Podia scan and Thesiowin

MADHURAM DIABETIC FOOT CLINIC

Our diabetic foot clinic provides all facilities by modern computerized Foot equipment and specialized consultants. Regular follow up can save the complications of diabetic foot. Beside this, in our modern workshop, we prepare diabetic footwear and foot insoles at a very affordable cost.

Total Patients Screened	563
Foot Test	325

SOPHOS JUVENILE DIABETES CENTER

Type-1 diabetes is fatal unless treated with proper care and insulin. we have been treating such kids by most common method of administering insulin. We provide them insulin at subsidized cost supported by Esteemed Donors and Juvenile Diabetes Parents Foundation has been supporting continuously.

OPD	
New Beneficiaries	31
Follow-up Beneficiaries	840
Total beneficiaries who benefited subsidized rate insulin	871

DIALYSIS UNIT

UNIT - 1	UNIT - 2 & 3
LATE LALIT SHAH DIALYSIS UNIT Supported By : Late Sudhirbhai Sarabhai Choksi Family & Pravinbhai Balubhai Charity Trust	PRAVINBHAI BALUBHAI CHARITY TRUST

We have been providing dialysis procedures to needy people by modern equipment, under experienced dialysis technicians and expert doctors at free of cost for PMJAY card holders and at nominal costs for others.

Total no of Procedures	6849
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SMT. KALABEN ARVINDBHAI NANAVATI WOMEN WELLNESS CLINIC

Supported by : Late Dhanlakshmiben Manilal Ranchhoddas

Breast cancer is the most common cancer in women and the second most common cancer to cause death in women.

We run WOMEN WELLNESS CLINIC to spread awareness and early diagnosis for breast & cervical cancer. We are providing package of breast mammography, breast sonography, and abdomen sonography, Pap smear test, gynecologist and onco-surgeon consultation for early screening of breast and cervical cancer at very nominal cost. If breast cancer is detected in any woman, surgery is performed in our hospital by Expert Surgeons at highly affordable cost.

I-BREAST EXAMINATION

Supported by : Shilp Gravures Ltd.

Device Supported by : U & U LTD – UK & Amanta Healthcare Ltd.

A New Way To Detect Breast Cancer

Nowadays, Cancer has become a dreaded disease all over world. In women Breast cancer & cervical cancer are day by day increasing globally. To fight this, regular awareness programs, diagnosis as well as timely treatment at H&CF.

The women undergoing such screening become stress -free. I-Breast Exam is a US FDA approved, first of its kind device that enables health workers to identify non-palpable breast lumps in just a few minutes, without pain or radiation.

HCF regularly conducts Outreach Breast Screening Camps for awareness and early detection of Breast Cancer camps by I-Breast Exam device in and around Ahmedabad city. Those who need additional investigation, we counsel them to attend hospital for tests like Mammography and Sonography of Breast



Total Camps	104
Total Woman Screened	3014
Total Woman who need further Treatment Given	42

UNISON PHARMACEUTICALS PVT LTD. ENT UNIT

Supported by : RMMMRT - Mumbai



In Today's modern era people are suffering from ear, nose and throat problems. People have been facing ear disorder, such as ear infection, hearing impairment, diseases that affect balance (vertigo), tinnitus (ringing in the ears), or pain in the ear create problem of deafness, nose issues namely sinusitis, and nasal cavity which can affect breathing, cause loss of smell, as well as affect cosmetic appearance. The throat disorders can disrupt speech, eating, digestion, swallowing, and singing. ENT specialists can identify, manage, and treat such problems. Few years back we have started ENT unit; Surgeries are performed by expert surgeon at highly subsidized cost.

Our hospital has been providing several hearing tests, like OEA, BERA, ASSR etc. with modern equipment at either free of cost or at highly affordable cost.



New Beneficiaries	841
Follow-up Beneficiaries	1012
Total Beneficiaries	1853
Procedures – Surgery	145
Investigations:	
OAE	84
ASSR	36
BERA	55
MAPPING	40

DENTAL UNIT

Supported by : Smt. Chandravatiben Chimanlal Shah - Shri C. C. Shah (Baushir M. Marfatia and Co.)
From His Family • Shri Parshwanath Cahritable Trust • Shri Mahavir Trust • Smt. Amlaben and Shri
Rajeshbhai C. Shah • Prabhavatiben Hirabhai Bhagwati • Jewelex India Pvt Ltd.



Teeth are the ornament of face. Due to various reasons dental problems are increasing in all age group of people. Further dental treatments are becoming very expensive nowadays. Looking at all these, the trust has started its dental unit and it has been running very successfully. As a matter of fact, the trust has been forced to expand the unit due to heavy rush of patients.

New Beneficiaries	1975
Follow-up Beneficiaries	7770
Total Beneficiaries	9745
Procedure Done	5530

PROJECT - RIGHT TO LIVE FOR MALNOURISHED CHILDREN & CHILD MAL-NUTRITION TREATMENT CENTER (CMTC)

A Joint Effort of Health & Care Foundation and Ahmedabad Municipal Corporation • Anganwadi Out Reach Food Distributions

Supported by : Srimati Manjulaben Jayantilal Soni • RMMMRT - Mumbai
• Jewelex India Pvt Ltd.

A child suffers from malnutrition if appropriate quantity or quality of food nutrients comprising a healthy diet is not consumed, or not absorbed adequately or not metabolized for an extended period of time.

Under this center the following services are provided :

- A unit for Management of highly malnourished children by expert doctors and trained staff
- Providing high nourished balanced food having rich protein and vitamin for mother and the child.
- Co-ordination and follow ups through Anganwadi workers.
- CMTC center is an exclusive 6 bed ward at HCF.



Total Malnourished children treated at H&CF	118
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VACCINATION CENTER

Supported by : Smt. Smitaben & Shri Kiritbhai Shah USA &
Pravinbhai Balubhai Charity Trust Vaccination Center
Supported by: Ahmedabad Municipal Corporation



Childhood vaccines are one of the great victories of modern medicine. Indeed, parents whose children are vaccinated no longer have to worry about their child's death or disability from whooping cough, polio, diphtheria, hepatitis or a host of other infections."

The Vaccination Center of Health and care Foundation, Ahmedabad is providing vaccinations and plays a vital role to improve the health status of community. This center serves indoor and outdoor neonates & children by providing life- saving vaccines free of cost which is provided by AMC; other type of vaccines for children and women are provided at subsidized cost or free of cost to underprivileged people.

VACCINES PROVIDED BY HCF AT HOSPITAL					
Pentavac	Chickenpox	OPV	Hepatitis B	DPT	Measles
HPV (cervical cancer)	Hepatitis A	Thyroid	Rotavirus	Pneumococcal	Rubell

Beneficiaries for Vaccination	664
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CREST DATA SYSTEMS PVT. LTD. REACH PROGRAM

RAISE EARLY AWARENESS FOR COMMUNITY HEALTH
OUTREACH SCREENING CAMPS FOR DIABETES, BREAST CANCER,
CERVICAL CANCER



CREST DATA SYSTEMS PVT LTD

Total Breast cancer screening	3091
Total Cervical cancer screening	831
Total Diabetes screening	7015

AMANTA HEALTHCARE LTD. REACH PROGRAM

RAISE EARLY AWARENESS FOR COMMUNITY HEALTH
OUTREACH SCREENING CAMP FOR DIABETES, BREAST CANCER,
CERVICAL CANCER & OTHER DISEASES



AMANTA HEALTHCARE LTD

Total Breast cancer screening	99
Total Cervical cancer screening	54
Total Diabetes screening	339

PROJECT FOR LOW VISION CHECK-UP FOR SCHOOL GOING CHILDREN

Supported by : Ahmedabad Municipal Corporation

• Gujarat Chambers of Commerce and Industry • Lions Club of Ahmedabad - Main • R Kumar Optical



This year we have started a new Mission for school going children to check their eyes and find abnormalities and treat them. So far we have screened 11000 + students of 22 Schools. Total 719 student were found to have refractive errors, who were provided spectacles at free of cost. Some children found suffering other ophthalmic problems have been treated in our hospital. This initiative will help the students in their education and individual growth. Visual impairment is an avoidable burden in the life of a child, their family and the society.

No. of Schools Visited	22 schools
Total Students Screening Year 2022 – March 2023	11000+
Total Spectacles Given to Students	719
Total Screening for Squint Done	18
Total Surgery Done	02

SHRIMATI KALABEN ARVINDBHAI NANAVATI

MULTI-SPECIALTY DIAGNOSTIC CLINIC

Understanding the high cost of Specialist services, we run Multispecialty Diagnostic Clinic. Under this clinic, we offer services like Gastroenterology, Pulmonology, Upper Extremity Orthopedic, Nephrology, General Surgery, Pediatric General Surgery, Sonography, Cancer Pain and Palliative Medicine & Dermatology which provide diagnostic facilities at highly subsidized rate.

GASTROENTEROLOGY

Gastroenterology is a medical specialty dealing with the Human digestive system disorders. At HCF, Gastroenterologist examines the patients, diagnose their disease and provide medical treatment at subsidized cost.

PULMONOLOGY

Nowadays global warming has been increasing day by day and people are facing the lungs and respiratory system problems. At HCF, pulmonologist diagnoses patients and manage more complex illnesses. We provide Chest X-ray, PFT, and lab test at concessional rate.

NEPHROLOGY

Kidney damage may be caused by diabetes, high blood pressure, and various other chronic (long-term) conditions.

We provide consultation, renal function test and ultra-sonography at highly subsidized cost. In addition, we run Dialysis unit for chronic renal failure patients.

PAIN MANAGEMENT CLINIC

Due to ageing process, pain starts at various body joints. Further to this, pain may start after suffering cancer, post-surgery. Body parts especially waist, spine are prone to pain. The trust hospital has a dedicated clinic for such patients, wherein expert doctors relieve the pains by way of medication and different procedures, therapies – sometime by injection, ozone therapy, Radio Frequency therapy after investigations helped by X-Ray etc.

PEDIATRIC GENERAL SURGERY

At Health and Care Foundation, a Pediatric General Surgeon evaluates abdominal problems and provides medical treatment.

UPPER EXTREMITY ORTHOPEDIC

Upper extremity problems that affect the shoulder and elbow are very common. Patients can develop such problems as a result of traumatic injuries, sports activities, work injuries and occupational disorders, and degenerative conditions.

DERMATOLOGY

Layer of skins maintains overall hydration and serves as our primary defense against the environment, so keeping it strong and healthy is important. We provide consultation and nitrous oxide application at most affordable cost.

New Patients	570
Follow-up Patients	676
Procedure	69

SMT. SMITABEN AND SHRI KIRITBHAI SHAH PEDIATRIC DIAGNOSTIC UNIT

If a baby suffers from any disease, his/her development will be affected. Further if the baby has congenital birth defect, defect will increase as per age and if proper treatment is not provided, the child will suffer for entire life. As such timely diagnosis and treatment are necessary to make the child happy in his/her future life.

MEDICINE PEDIATRIC DIAGNOSTIC	
New Beneficiaries	616
Follow-up beneficiaries	1039
Total beneficiaries	1655



LATE SHRIMATI KANCHANGAURI JAMNADAS SHAH HEALTH CHECKUP CENTER

Timely and routine health check- ups prevent lot of diseases. Healthy citizens are assets of the country. As such, we have been providing health check-up facilities in our hospital at highly affordable cost. The Center has been engaged in catering to a large number of beneficiaries each day.

Total No of Beneficiaries	2665
---------------------------	------

MAHALAXMI MATA TRUST (PALDI) GENERIC MEDICINE CENTER

We have been running a generic medicine store where we provide prescribed drugs, high quality generic medicines. HCF helps needy peoples by proving them access to genuine generic medicines at discounted prices.

Total Beneficiaries	18718
---------------------	-------

RADIOLOGY UNIT

With help of modern technology, in the Radiology Unit, X-Rays are done for chest, waist, hands and legs by digital x-ray machine. Additionally, we do 2D Echo, sonography of breast and abdomen in this unit. Mammography is also done for detecting breast cancer. All these investigations are done by Experts at highly affordable cost to help the needy patients.

Xray	6460
Sonography	1606
Mammography	238
2D Echo	209



CREST DATA SYSTEMS PVT LTD PATHOLOGY UNIT

Supported by :
Sulochna C. Dalal • RMMMRT- Mumbai

Our pathology laboratory is always focusing on quality testing, and timely reports to provide early treatments. In it we have HEMATOLOGY, BIO-CHEMISTRY AND MICROBIOLOGY, Department working together. All types of blood and urine Investigation --- more than 200 types of tests - are done here with modern automation equipment using quality reagents at highly nominal cost.



Total beneficiaries	15774
---------------------	-------

PROSTHESIS AND ORTHOSIS UNIT

The prosthesis involves use of artificial limbs (prosthesis) to enhance the function and lifestyles of persons with limb loss. Orthotics involves precision and creativity of design and fabrication of external braces (orthotics) as part of patient's treatment process.

We have been preparing different types of splints, high tech limbs, calipers, spinal braces, Diabetic ware, and insole for diabetes patients and artificial limbs for needy peoples at nominal cost or at highly subsidized rate.

Calipers	265
High Tech	02
Jaipur-al	02
Diabetic Insole	00

LATE SADGUNABEN RATILAL ZAVERI MUSCULAR DYSTROPHY UNIT

A group of genetic diseases that cause progressive weakness and loss of muscle mass. In muscular dystrophies, abnormal genes (mutations) lead to muscle degeneration. Most forms begin in childhood. Damaged muscles become progressively weaker. Most people who have the condition eventually need a wheelchair. Other symptoms include trouble breathing or swallowing. Medication, therapy, breathing aids or surgery may help maintain function, but life span is often shortened.

With support from Indian Muscular Dystrophy Society & Research Center, the OPD for diagnosis and treatment of this dreaded and incurable disease has been running at HCF Trust hospital. We have been trying our best to give relief to these unfortunate patients with support from IMDS. Medicines are also provided to the patients under this project.

Beneficiaries Registered	123
--------------------------	-----

UGARCHAND PATEL GENERAL PHYSIOTHERAPY UNIT

Supported by :

- Naranbhai Aatmaram Patel (Paras Pharma)
- Khodabhai Patel – Paras Parivar

Our physiotherapy unit is committed to providing the highest level of patient-centered care. We provide advanced assessments and therapies to address neuro-musculoskeletal injury and dysfunction. We provide rehabilitation solutions utilizing an individualized, single or multi-disciplinary approach, to make able to do maximum function at work, play or activities of daily life



New Beneficiaries	753
Follow-up Beneficiaries	578
Therapy given till Now	19191

RATIBHAI G PATEL SENIOR CITIZEN CENTER

Senior citizen center provides an opportunity for seniors to get active, enjoy various social activities, and to improve their overall quality of life.

Our motto is to provide a holistic service to ensure physical, mental and social wellbeing of senior

Citizen. At HCF, we provide facilities such as entertainment, yoga, once a month blood sugar checkup, every week blood pressure measurement, indoor games, and library.



Total Registered Senior Citizen	30
---------------------------------	----

HAPPENINGS



HEALTH & CARE FOUNDATION

CHARITABLE HOSPITAL

HAPPENINGS - APRIL 2022

R.E.A.C.H. PROJECT WAS LAUNCHED, SUPPORTED BY CREST DATA SYSTEMS

R.E.A.C.H. Raise Early Awareness of Community Health! project was launched to organize outreach screening camps for early detection of Breast cancer; Cervical cancer, Diabetes and Congenital birth deformities in and around Ahmedabad.



AWARENESS PROGRAM FOR DIABETES AND ITS COMPLICATIONS

A well attended talk program by renowned Diabetologist Dr. Rutul Gokani and Nephrologist Dr. Rupen Panchal was organized. They explained in detail the cause, complications and treatment for diabetes and its effect on kidney.



HEALTH & CARE FOUNDATION

Indoliya Jopwala Swam Sansthan

Parvanti Society, Opp. Rayvada, Jyodhpur Road - 380051, Gujarat, India

Contact : 079-24620021 / 2463800 (Mob) 9699942835

Email : healthandcarefoundation@gmail.com • Web : www.healthandcarefoundation.com



Health & Care Foundation

Happenings - May 2022




On 2nd May, 2022

WE SUCCESSFULLY COMPLETED 12 YEARS JOURNEY IN PRESENT PREMISES

SINCERE THANKS TO OUR ESTEEMED

DOCTORS
DONORS
WELL WISHERS

OUR WINNING ATHLETES

SPECIAL MAHAKUMBH - 2022

SPECIAL MAHAKUMBH - 2022

Health & Care Foundation

Our Winning Athletes



Dr. Pankaj



Anil Kumar



Maheshwari Anshu

TRAINING PROGRAM OF

SPEECH THERAPISTS

SPECIAL MAHAKUMBH - 2022

Health & Care Foundation

Our Winning Athletes



Dr. Pankaj



Anil Kumar



Maheshwari Anshu

Congratulations to our 30 winning children of ICF, CP child for achieving award in recently concluded Special Mahakumbh - 2022 organised by Government of Gujarat





Under SHIRANYA C program at HCF, a 2 Days Training program was organised for 22 Speech therapists across Gujarat

Inauguration by: Shri. Sanjaybhai Modani

Eminent writer and social worker and training imparted by Ms. Mitulpa Poonacha - senior audiologist



HEALTH & CARE FOUNDATION

Indubaba (Jeevanee) Street, Sanjaybhai Prasant Society, Opp. Rajwade, Vidyalaya, Ahmedabad - 380001, Gujarat, INDIA

Email: info@healthandcarefoundation.org | donor@healthandcarefoundation.org

Contact: 079 1234 56789 | Website: www.healthandcarefoundation.org

Health & Care Foundation
Charitable Hospital

Happenings
JUNE 2022

Autistic pride day and International Yoga day were celebrated with enthusiasm and active participation of special children at HCF.

from Health Dept. Government of Gujarat

HEALTH & CARE FOUNDATION
Indukaka Ispatwala Sawa Sanathan
Parvatis Society, Opp. Rajpura, Jorajpur, Amritsar - 143013, GURJAT, INDIA
Contact : 97-2468082 / 2468083 MO 979942325
Email : healthandcarefoundation@gmail.com - Web : www.healthandcarefoundation.com



Health & Care Foundation

Happenings - July 2022

SUCCESSFUL SCIOLISUS SURGERIES

Under DR. NITIN SUMANT SHAH,
Spinal corrective surgery unit, Supported by
HEART FOUNDATION & RESEARCH INSTITUTE,
13 children were successfully operated for
spinal deformities (Scoliosis) free of cost in our
hospital during last 3 months.



FELICITATION



RCF took pride in felicitating our
young and dynamic Yuvika
committee member
SHRI PATHIKUHDA PATWARI
for becoming President of Gujarat
Chamber of Commerce and
Industry

Congratulations!!

PATEL SMTKUMAR
of our Cerebral Palsy Unit
for clearing SSC exam in first attempt



HEALTH & CARE FOUNDATION

Induluka (Jeevnala) Sanshthan

Paramar Society, Opp. Rajnoda, Jyotirghar, Ahmedabad - 380051, Gujarat, INDIA
 Contact : 079-26610892 / 26610893 / 09098242515
 Email : healthandcarefoundation@gmail.com / Web : www.healthandcarefoundation.com

HEALTH & CARE FOUNDATION
Happenings – August 2022

Special Children Celebrated Festivals

Special children celebrated August month festivals like Independence Day, Rakshabandhan and Janmashtmi (Lions Clubs members and Saint Shree Isckon Mandir graced the function)

Pediatric Orthopedic Deformity Surgery

Orthopedic deformity surgeries on 8 children was successfully performed at HCF by Dr. Kamlesh Devnairi and Team. It was live telecast on you-tube more than 7000+ orthopedic took its advantage. 100 orthopedic surgeon live surgery watched in HCF auditorium. Program was organized under banner of Indian Orthopedic Society.

INDUKAKA IPOWALA SEWA SANTHAN
Pavani Gidley, Dm Rajyada, Jyoti Park, Ahmedabad - 380 081
Contact : 078-26410802 / 724813800 / 9699424335



**HEALTH & CARE
FOUNDATION**
CHARITABLE FOUNDATION

SEMINAR - THE ART OF RAISING FUND



Health & Care Foundation organized seminar on **"Art of Raising fund"**. Approx 50+ NGOs participated in this seminar. Expert speakers Shri P K Lahari, Dr. Bharat Bhagat, Dr. Parulak K. Shah, Shri Bhuvan Punami, Ms. Indu Kapoor, Shri Khishesh Madanmohan, Shri Dinesh Lathariya shared guidelines on Raising fund through CSR, FCRA and donors.

Happenings September 2022

Retinopathy of Prematurity (ROP)
Our Retinopathy of prematurity unit received updated screening device by Support of our extended donor

- Enables mobile retinal imaging
- Allows superior retinal, anterior and dry eye imaging



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Celebrate Diwali with glittering Diyas

prepared by "Divyans"



Packs of Rs. 50/- Packs of Rs. 75/-
Packs of Rs. 100/- Packs of Rs. 150/-

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HEALTH & CARE FOUNDATION

Indukola Jyotsna Sawa Sanathan
Parvati Sankar, Dya Ratnesh, Jyotsna, Bhuvanesh, Himanshi, Gaurika, NIDHA
Contact: 979-26610802 / 26613088 (M) 9099424355
Email: healthandcarefoundation@gmail.com - Web: www.healthandcarefoundation.com

Happenings

October

2022

HEALTH & CARE FOUNDATION

CHARITABLE HOSPITAL

In association with Rotary Club

Ahmedabad Metro Health Awareness

program on Heart and Breast Cancer was organised. Dr. Shefali Desai, Dr. Kiran Kothari and Dr. Bhavesh Parekh spoke on Breast Cancer awareness and treatment.

Dr. Foray Hattack Awareness expert panelist Dr. Aljay Nairi, Dr. Urmi Shah and Dr. Aayush Chokshi of CIMS Hospital shared expert information.




Gujarat seva Setu Workshop was

organised at HCF in which 60+ NGOs participated. Experts taught about Trust act, Fund raising and proper account procedures.




Health & Care Foundation

Inkubation grounds foray Koothari
 Nr. Malviya Talav, Before Rajivdada, Jivraj Park, Ahmedabad - 380 051
 Email: info@healthandcarefoundation.org
 Web: www.healthandcarefoundation.org



HEALTH & CARE
FOUNDATION

Happenings

November 2022

HEALTH & CARE FOUNDATION

CHARITABLE INCORPORATED



Make a Wish Foundation provides wishes of children with critical illness, and special children and children with disabilities, by providing gifts as per their wishes in an emotional function at HCP.



Charity Mission for corrective surgeries of spinal deformity by birth was organized supported by Special Exports from UK and India, National Cancer Foundation - UK and Medtronic Ltd - UK whenever a children were operated.



Seppin Juvenile Diabetes Center of IICB celebrated World Diabetes Day by conducting Young Diabetes and Magic Show for Juvenile Diabetes on 17 November, 2022. The event was attended by more than 50 children and their parents.



A visit of art drawing room facilities for higher education students is started at HCP free of cost. We request you to share this message to deserving students.

Health & Care Foundation

In collaboration with the foundation

W. Madan Lal, Chairman, HCP Foundation

W. Madan Lal, Chairman, HCP Foundation

W. Madan Lal, Chairman, HCP Foundation

W. Madan Lal, Chairman, HCP Foundation





HEALTH & CARE FOUNDATION

HAPPENINGS - DECEMBER 2022

Project - Vision



In association with Ahmedabad Municipal Corporation School Board, 24 students of Ahmedabad Municipal Corporation School Board and 24 students of Gujarat Chamber of Commerce and Industry, a project is initiated where every child of Ahmedabad Municipal School Board, for 6-12th students are encouraged and 244 students given glasses free of cost.

Right to Live



In another project with Ahmedabad Municipal Corporation under 'Right to Live' presently 24 municipalities provided nutritional food kits as per the requirement of different categories of the different organizations were provided. Government of Gujarat has provided financial support to the food banks to make them come out from main cities.

Both the projects are ongoing and are well appreciated by all.

www.healthandcarefoundation.org

Indrakshi Upadwala Sures Samarth
 Dr. Rajeev Talwar, Dr. Rakesh Talwar,
 Jyoti Park, Ahmedabad - 380 051

079-2606100 / 738001701 / 9809742836

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Health & Care Foundation

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 Fax: 847.434.1001 • Email: info@hcf.org

HAPPENINGS - FEBRUARY 2023

CHARITY SUMMIT 2023



Team of Ophthalmic Surgeons from
Glennview Children's Hospital joined the summit to discuss the challenges of caring for children with congenital and acquired glaucoma. The team presented on the latest in glaucoma surgery and discussed the importance of early diagnosis and treatment.



Charity Summit Camp 2023 for pediatric ophthalmology (upper limb and lower limb) was held at the Hyatt Regency Chicago. The summit was organized by the American Association of Pediatric Ophthalmology and Strabismus (AAPOS) and the American Association of Pediatric Ophthalmology and Strabismus (AAPOS).



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HEALTH AND CARE FOUNDATION

HAPPENINGS - MARCH 2023



A unique interactive follow up program was organized for separated children for Scotland. More than 40 children suffering from scoliosis who were separated at HCF were called for follow up. All the patients have recovered well and were more than satisfied with the treatment.



Esteemed donors, trustees of SEASIDE Mumba and Director of Raimanai Hospital and hubs for were special guests in the function. We planning more and more to follow up programs to get actual feedback.



Dr Armit Jhaia, the operating surgeon for all the surgeries was also present and we highly appreciated the facilities available at HCF.



SEASIDE HOSPITAL SEASIDE SANTARUMBA
HALL MALAYALAM OFF RAJAKOTA, 575001
CONTACT : 974-3443860 / 974-3443870
Email: healthcare@seasidehospital.com Website: www.seasidehospital.com

Shri M Thennarasan
IAS - Municipal Commissioner - AMC

DATE	NAME & ADDRESS	PHONES	COMMENTS & SUGGESTIONS
02/02/2013	Koch, Alex Koch Technik - Germany Markushe Koch-Technik.de ALEX KOCH (GERMANY)		I am very happy and honoured to have a partner in Dr. W. Stohr from Koch - Rosend, which is really true and money is such a great gain for this one is. I thank the friends for his golden hand and hand up in building this hospital. I thank very much, may the not be enough to be paid of this. I thank my order and the doctors, who have an amazing heart and help the people, nobody helps. I am very happy to support this just even though it can be just through money.
			Thank you Alex Koch family

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STORIES OF PATIENTS & THEIR FEEDBACK

મડલાઈના હુકમરાજસિંહના વાણી (પિતા).

મારા બાળક હુકમરાજસિંહને જન્મ જાનીવ, સાબરકાંઠા જાને થયેલ છે. જન્મ વખતે જામે થયેલ તમામ સંકેતો, દાદા-દાદી દરેકના આનંદનો પાર ન હતો. જન્મની ખુશાલીમાં મીઠાઈની વહેવણી કરવામાં આવી હતી જન્મ વખતે સ્વસ્થ દેખાતાં એવા મારો બાળક એક મહિના - બે - મહિના બાદ પગ આંરીવાળા બાળકો દેખાયો. શરૂઆતમાં અમને બાદ પગ આંરીવાળા બાળકો દેખાયો. શરૂઆતમાં અમને બાદ પગ આંરીવાળા બાળકો દેખાયો. શરૂઆતમાં અમને બાદ પગ આંરીવાળા બાળકો દેખાયો.

જાણે છે અને ગામના તમામ આજુ-બાજુના ગામના ડોક્ટરોને પણ લનાવ્યું પણ બાળકના પાની આંરીઓની પ્રજન ઉદાસ્યો નહીં. ગામના અંગણવાડી લોકોમાંથી એક બડીના એક પરેલાણ એ આવીને કડકું કે મારી લાઠીના બાળકને આવી વ તડાળીક હતી અને લેડા અમદાવાદ જાને આવેલ. જુની પોલિયો ડોસ્પરલ (આવ) કેલ્ચ એન્ડ કેર ડોસ્પરલ અવાડુ પાસે આવેલ) માં સારવાર કરાવેલ. અત્યાર સુધી અમે પરદાર એટલા પ્રેમ દેવ કરેલ, અમને અહીં જીવસાબરકાંઠા પરેલાની વાતમાં વિશ્વાસ નહોતો. અમે અહીં જીવસાબરકાંઠા જાને આવેલ કેલ્ચ એન્ડ કેર ડોસ્પરલમાં આવ્યા, અહીં આવ્યા ત્યારે મારા બાળકની ઉમર વર્ષની હતી.

અહીં ડોસ્પરલમાં બાળકોના ઓર્થોપેડિક ડોક્ટરે શરૂઆતથી તપાસ કરી અને દવા ચાલુ કરી. બાળકની ઉમર તથા શારીરિક પરિમિતી કર્યા બાદ ત્રણ-ચાર મહિના બાદ બાળકની ચર્ચરી કરી. ચર્ચરી કર્યા બાદ ફરીથી ડોસ્પરલમાં બાળકને બોલાવીને ધીમે-ધીમે પગની બંધરી વચ્ચેના જગાએ બાળકને બોલાવીને ધીમે-ધીમે પગની બંધરી કરાવતો કરાવી. ૬૦ મહિનામાં અંતે મારો દીકરો બેરોબલ ચાલતો થઈ ગયો. મે - જે બાળક આનંદ સાથે મારા દીકરાના જન્મ વખતે મીઠાઈની વહેવણી કરી હતી તે જ આનંદ સાથે ફરીથી મીઠાઈની વહેવણી કરી.

5/5/23

કેપ્ટેન કેમલભાઈ વાઘ ગામ ગોરકા - બારીદ

માનીપા અને કેપ્ટેન ગામીયાનું અભિપ્રેય કરાવેલ છે અને અમને મારવાર મારી મનેશ હો અભિપ્રેય ફીમો વાવેલ છે મે બધા આ એશ્યાની અને મારા માનીપા હાથ

નામ:- ડાહી જુહાલાલ મંગલાલ નાં:- ૫/૫/૨૦૨૩

વાલીનું નામ:- ડાહી મંગલાલ મકરાલાલ

ઉમર:- ૧૫ વર્ષ

અરનામું:- શિશુની જુહાલ (મીઠાઈ)

૧૫-૬-૨૦૨૩, (જ. ખેડ)

કેવી રીતે આવેલ:- લાઠી કાટ

ભિષગીય સારવાર:- ઉચ્ચ એન્ડ ડર સેન્ટ્રલિશન

દાખલ થયેલ તારીખ:- ૨૬/૦૩/૨૦૨૩

દર્દ/રોગ:- વાંકા પગ

સિમેશન દારૂ આવેલ પ્રેમ ગામીયાનું - ૯૧ ૧૦૦%

નર્મિંગ સેન્ટ્રલિશન કોચાલી આ મીઠાઈ છે? - ૯૧. ૧૦૦%

હાઈટનું વર્તન/લેવેલ સર્જિકલ - ૯૧. ૧૦૦%

કોઈ સુધાર કે સુધાર - ૧૧

વોર્ડ/ભિષગીય સારવાર - આમાલિય ૧૦૦%.

જોગવાઈ મારવાર - એક્સપેરિયન્સ ૧૦૦%.

અમર ભિષગીય જાહે આવેલ અમાલિય - અમાલિય ૧૦૦%

દર્દના મગાની મારી.

મ.સ.વેબ.૦૫

મો:- ૯૩૬૩૧૬૧૩૧૫

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Dr. Shital Parikh	Shri Vivek Bhagat	Shri Takshak Desai

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Dr. Pankaj Raval Medical Superintendent	Mr. A. N. Banerjee Head HR & Admin

YUVA TEAM		
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Shri Pathik Patwari	Smt. Rupalben Shah	Shri Darsh Parikh
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Smt. Hetal Zinzuwadia	Smt. Kalgiben shah	Smt. Sukeshi Shah
Shri Suresh Pandya	Smt. Heena Godiawala	Smt. Kalpana Doshi

OUR TEAM OF DOCTORS

OPHTHALMOLOGY UNIT	
Dr. Anil Shah General Ophthalmologist	Dr. Beena Desai Corneal Surgeon
Dr. Alay Banker Retino Vitreous Surgeon	Dr. Sajni Kalpit Shah Ped. Ophthalmologist
Dr. Shefali Maheshwari Cataract Surgeon & Glaucoma Surgeon	Dr. Juhi Shah (Thakkar) Orbit & Occulo Plasty Surgeon
Dr. Sonal Suri Corneal Surgeon	Dr. Sejal Bhatt Retino Vitreous Surgeon

ORTHOPEDICS UNIT		
Dr. Kalpan Desai	Dr. Nitin Goswami	Dr. Pragnesh Shah
Dr. Ashish Shah	Dr. Divyang Dave	Dr. Manish Mistry
Dr. Pulak Godiawala	Dr. Kamlesh Devmurari	Dr. Maulin Shah
Dr. Prakash Chauhan	Dr. Narayan Khandelwal	

ANESTHESIOLOGY DEPARTMENT		
Dr. Rohit Parekh	Dr. Mansi Shah	Dr. Mithun
Dr. Piyush Goswami	Dr. Bharat Oza	Dr. Bhargav Trivedi
Dr. Minesh Patel	Dr. Vishmay Thakkar	Dr. Mayur Bhavsar
Dr. Beena Parikh	Dr. J R Belani	Dr. Bhadresh Shah
Dr. Riddhi Vakil	Dr. Anand Shukla	Dr. Harshali Bhavsar
Dr. Khushbu Bhavsar	Dr. Narayan Khandelwal	

PLASTIC SURGERY UNIT		
Dr. Himanshu Vora	Dr. Ravi Kalola	Dr. Nileshkumar Patel

ENT UNIT		
Dr. Prakash Bhatt	Dr. Gati Shah	Mr. Sanket Mehta

SPINE UNIT	
Dr. Amit Jhala Spine Surgeon	Dr. Dhruv Patel Minimally Invasive Spine Surgeon

CEREBRAL PALSY AND AUTISM UNIT	
Dr. S. R. Apte Occupational Therapist	Dr. Harshruti Shah Neuro Physician
Dr. Nitish Vora Neuro Physician	Dr. Anand Ayar Neuro Physician
Dr. Harsh Patel Neuro Physician	Dr. Prakash Chauhan Ped. Orthopedic Surgeon
Dr. Darshna Vora Autism Specialist	Dr. Prathana Kharod (Patel) Developmental Delay Specialist

CENTER FOR DIABETES	
Dr. J. C. Mehta Physician	Dr. Bharat Mehta Physician
Dr. Navin Patel Foot Surgeon	Dr. Shubha Desai Physician

JUVENILE DIABETES CLINIC	
Dr. Shalmi Mehta Endocrinologist	Dr. Ruchi Shah Endocrinologist
Dr. Dharmendra Panchal Endocrinologist	Dr. Rutul Goklani Endocrinologist

MULTI-SPECIALTY UNIT		
Dr. Apoorva Patel General Surgeon	Dr. Rupen Panchal Nephrologist	Dr. Sudhir Chandana Ped General Surgeon
Dr. Praveen Sarda Upper Extremity Surgeon	Dr. Laxman Malodiya Dermatologist	Dr. Keyur Shah Dermatologist
Dr. Aashka Shah Endocrinologist	Dr. Khushboo Shah Pulmonologist	Dr. Dhrumil Shah Neurologist
Dr. Rutween Shah Nephrologist		

WOMEN WELLNESS CLINIC UNIT	
Dr. Anila Kapadia Onco Gynecologist	Dr. Kshama Shah Gynecologist
Dr. Shakuntala Shah Onco Surgeon	Dr. Shefali Desai Breast Cancer Surgeon

PAIN CLINIC UNIT	
Dr. Divya Chokshi	Dr. Meeta Joshi
Dr. Chandni Patel	Dr. Monika Sharma

DENTAL UNIT	
Dr. Jeet Naik Periodontist	Dr. Arpit Halani Prosthodontist
Dr. Rahul Bachvani Orthodontist	Dr. Pratik Shah Oral Surgeon
Dr. Harshil Zaveri Periodontist	Dr. Shachi Shah Dental
Dr. Riddhi Agrawal Dental	

PATHOLOGY UNIT	
Dr. Biren Shah	Dr. Sejal Mehta

RADIOLOGY UNIT	
Dr. Trupti Patel	Dr. Dhiren Shah

MUSCULAR DYSTROPHY UNIT	
Dr. Ramesh Shah Physician	

PEDIATRIC UNIT	
Dr. Udayan Patel	

FULL TIME CONSULTANTS		
Dr. Anshul Sahu Pediatric Ortho Surgeon	Dr. Gati Shah ENT Surgeon	Dr. Yashvi Nathwani Patel Eye Surgeon

OUR ESTEEMED DONORS 2022-23

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61	YOGESHBHAI BALKRISHNA PARIKH	1,00,000
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71	INAXI PRADIPBHAI PATEL	51,000
72	KALPAN DESAI HUF	51,000

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143	SNEHA RAMESH DOSHI	7,200
144	DIVYANG SURESHCHANDRA PANDYA	6,000
145	ASHWIN N SHAH	5,001
146	GATORBHAI R DABHI	5,001
147	VAIBHAV JAGDISHCHANDRA PATEL	5,001
148	ASHWINKUMAR NANUBHAI TRIVEDI	5,000
149	BALVANTRAY G DESAI	5,000
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INDIANS FOR COLLECTIVE ACTION		1392 USD
SPINAL CARE FOUNDATION		8000 GBP
ARPAN FOUNDATION	USD	11587.5 USD
<i>Girish Shah TTE</i>	500.00	
<i>Lotus Life Foundation</i>	5,000.00	
<i>M P Narayanan</i>	97.00	
<i>Sanjay Mokashi</i>	101.00	
<i>Bettadapur Consulting</i>	100.00	
<i>Ravi Mallu</i>	240.00	
<i>Nikunj Sheth</i>	48.50	
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<i>Jatin Gajarawala</i>	501.00	
<i>Kiritbhai Shah</i>		
<i>Dr. Satish Bhatt</i>		

Thanks to our International Resource Committee president Mr. Kirit Shah for donating himself and collecting donation from other well wishers in USA



	OPD SCHEDULE		
DEPARTMENT	SPECIALITY	DAYS	
OPHTHALMOLOGY	GENERAL EYE	DAILY	MORNING – 9am TO 11 am
	DIABETIC RETINOPATHY	TUE - FRI	Afternoon 1 Pm
	GLAUCOMA	MON	Afternoon 1 pm
	CORNEA GRAFTING	THU	Afternoon 12 pm
	PEDIATRIC EYE CHECKUP	SAT	Afternoon 12 pm
	ORBIT AND OCULOPLASTY	WED	Afternoon 2 pm
	RETINOPATHY OF PREMATURITY	TUE	Afternoon 1 pm
CONGINITAL BIRTH DEFECT	CLUBFOOT	MON	Afternoon 2 pm
	LOWER LIMB DEFORMITIES	MON / WED / FRI	Afternoon 2 pm
	CLEFT LIP AND PALATE	THU	Morning 11: 30 am
	ENT	DAILY	9 :30 TO 5:30 PM
	CONGINITAL HEARING LOSS	MON / WED / FRI	Afternoon 2 pm
	SPEECH ASSESSMET	TUE / THU	Afternoon 2 pm
	SCOLIOSIS	TUE	Afternoon 12 pm
CEREBRAL PALSY / AUTISM / MENTAL RETIDRATION	GENERAL ORTHOPEDIC	DAILY	Morning 10 to 1 pm & Afternoon 2 to 4 pm
	CEREBRAL PALSY	1ST, 2ND. 3RD FRIDAY	Morning 9 am
	PEDIATRIC PSYCHOLOGICAL ASSESMENT	DAILY	10 AM TO 5 PM
	PEDIATRIC ORTHOPEDIC	MON, WED, FRI,	Mon & wed - 2 pm Friday – 12 pm
	DEVELOPMENTAL ASSESSMENT	THU	Morning 10 am
	EEG / EMG	SAT	Morning 10 am
	AUTISM	WED	Afternoon 2 pm
CENTER OF DIABETES	M.D PEDIATRICIAN PHYSICIAN	Tues / Thursday/ sat	Morning 10 am
	DIABETES CHECKUP	DAILY	9:30 to 1 pm
	DIABETIC FOOT	FRI	Morning 10 am
MULTI SPECIALITY CLINIC	JUVENILE DIABETES	SAT	Morning 10 am
	GASTROENTEROLOGY	Saturday	Afternoon 3 pm
	ENDOCRINOLOGY	Saturday	Afternoon 3 pm
	PULMONOLOGY	THUS	Afternoon 3 pm
	GENERAL SURGEON	MON	Morning 9:30am
	PEDIATRIC GENERAL SURGEON	TUE	Morning 11:30 am
	DERMETOLOGY	TUE, THU, MON, FRI	Mon & Fri – 9 am to 10 am Tue & Thu– 10 am to 12 pm
	UPPER EXTRIMITY	TUE	Afternoon 3 pm
	SONOGRAPHY	MON - FRI	Morning 10 am to 12 pm
	NEUROLOGY	THU	Evening 4 pm
	NEPHROLOGY	WED / SATU	Morning 9 am
	MEMOGRAPHY	MON, WED, FRI	Morning 10:00 am to 12 pm
OTHER UNIT	DENTAL	Monday to Saturday	Daily 9 am to 5 pm
	PAIN MANAGEMENT CLINIC	MON / TUE / FRI	Morning 10 am & Afternoon 12 pm
	PATHOLOGY LABORATARY UNIT	Monday to Saturday	Daily 8:30 to 5 pm
	RADIOLOGY	Monday to Saturday	Daily 9:30 to 5 :30 pm
	PHYSIOTHERAPY	Monday to Saturday	Daily 9 am to 6 pm
	HEALTH CHECKUP	Monday to Saturday	Morning 8:30 am
	MUSCULAR DYSTROPHY	SAT	12 pm to 3 pm
	CALIPER AND ARTIFICIAL LIMB	Monday to Saturday	10 am to 6 pm
	VACCINATION	Monday to Saturday	10 am
	GENERIC MEDICAL STORE	Monday to Saturday	9:30 am to 5:30 pm
	CMTC	Monday to Saturday	10 am to 5 pm
	SENIOR CITIZEN WELLNESS CENTER	MON-FRI	2 pm to 6 pm
	MD PHYSICIAN	TUE / THU / SAT	Afternoon 3:30 pm
	GENERAL PRACTICINER	Monday to Saturday	10 am to 12 pm
OPD REMAIN CLOSED ON SUNDAY			

YOU CAN DONATE TO HEALTH & CARE FOUNDATION

With IT Exemption

Corpus / 80G

Corpus / 80G Provisional Approval Number - AAATP1480HF20214

Bank Name - BANK OF INDIA

Bank Account No - 204710110002409

Bank Address - Deep Shanti, 1st Floor, Anjali Cross Road,
Paldi, Ahmedabad, Gujarat 380007

IFSC Code - BKID0002047 • MICR Code - 380013064

Without Exemption

Bank Name - THE KALUPUR COMMERCIAL CO-OPERATIVE BANK LTD

Bank Account No - 02010114196

Bank Address - Near Ratnasagar Flat, Kesariyaji Cross Road,
Jivrajmehta Hospital Road, Vasna,
Ahmedabad - 380 007

IFSC Code - KCCB0VSN020 • MICR Code - 380126019

FOR CSR

CSR00005410

Name: Health and Care Foundation

Bank Name - THE KALUPUR COMMERCIAL CO-OPERATIVE BANK LTD

Bank Account No - 02010116628

Bank Address - Near Ratnasagar Flat, Kesariyaji Cross Road, Jivrajmehta Hospital Road,
Vasna, Ahmedabad - 380 007

IFSC Code - KCCB0VSN020 • MICR Code - 380126019

FCRA Detail

HEALTH AND CARE FOUNDATION

FCRA Certificate No. 041910250

Bank Name - STATE BANK OF INDIA

Bank Account No - 40096251727

Bank Address - FCRA cell, 4th Floor, State Bank of India,
New Delhi Main Branch, 11, Sansad Marg, New Delhi - 110001

FSC Code - SBIN0000691 • MICR Code - SBININBB104

OR

You Can Donate To Health & Care Foundation Through Arpan Foundation, California, USA

ARPAN FOUNDATION

Address : 556N, DIAMOND BAR BLVD, STE. 201-B, DIAMOND BAR, CA 91765

Contact : +310 707 1151

Contact Person : SHRI PARAGBHAI - + 310 707 1151

Email ID : parag@arpanfoundation.org

MR. KIRIT SHAH - +15108614080

Email ID : kiritshah@yahoo.com

Website : <https://arpanfoundation.org>

Donation in USA is tax deductible under 501(C) 3 Tax ID #20-5593243



You can join with us www.healthandcarefoundation.com



HEALTH AND CARE FOUNDATION

Indukaka Ipcowala Seva Sansthan

Nr. Malav Talav, Before Rajwadu Hotel, Jivraj Park, Ahmedabad – 380 051 Gujarat (India)

Phone No: 079 – 266 10802, 266 13800 Mob: - 9909942835

Email: healthandcarefoundation@gmail.com Web: www.healthandcarefoundation.com