ANNUAL REPORT 2020-21





HEALTH & GARE FOUNDATION

Indukaka Ipcowala Seva Sansthan

Pavansut Society, Opp. Rajwadu , Jivraj Park, Ahmedabad-380 051 Gujarat (India) Phone No : 079 – 266 10802, 26613800 Mo. 9909942835 Email : healthandcarefoundation@gmail.com Web : www.healthandcarefoundation.com



Dear Friends and Well Wishers

We are immensely pleased to present our Annual Report detailing our activities during the year 2020-2021.

Suddenly and unexpectedly, in the month of March 2020, entire world started facing a major health crisis with COVID-19 pandemic. Due to COVID-19 pandemic, prevention, treatment services for non-communicable diseases (NCDs) and planned surgeries for needy patients had been severely disrupted worldwide. This situation was of significant concern because people living with NCDs were at higher risk of severe COVID-19-related illness and death.

During this time, we started telemedicine services - agile and digitally connected to the patients, and we have been humbled by the response. During Lockdown, we ran our dialysis department, Retinopathy of prematurity unit, pathology laboratory, psychotherapy & generic medical store.

All along we had been maintaining COVID-19 protocols so that the safety of the non-COVID-19 patients was not compromised. We organized training for the staff - doctors, nurses and housekeeping staff to avoid risk of COVID-19 at our hospital. This had helped us to make our facilities completely safe for the treatment of normal medical and surgical procedures as they arised.

The entire Health and Care Foundation Family has risen to the challenge of caring for non-COVID patients. We would at this time, wish to acknowledge the efforts of our doctors, nurses and support staff who have shown strong determination and dedication in performing their duties. This gives us the confidence that we can overcome any challenge that may come our way and enable us to serve the needy patients.

In our efforts to reach out to more people in their needs, during last year, we launched project JATAN in partnership with MANAV SADHANA TRUST in which holistic development of children, women and community on whole to be done including distribution of nutritional food & medicine.

Due to COVID-19 pandemic and strict Government travel & other guidelines, footfalls of patients were highly affected at HCF hospital.

The success of Health and Care Foundation Hospital has always been about teamwork. We want to place on record our sincere appreciation and gratitude for all the hard work and support of Trustees, all Committee Members, YUVA team, esteemed Donors, Government of Gujarat, Ahmedabad Municipal Corporation, AUDA, Expert Doctors, staff, volunteers and other organizations which have helped us to be to where we are today.

Our warm regards for all.

Dr. Kalpan Desai Trustee & Hon Secretary

Dr. Bharat Bhagat Chairman

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Dr. Prakash Bhatt Trustee & CEO



HEALTH AND CARE FOUNDATION HOSPITAL SALUTES THE WARRIOR OF COVID-19

We salute and appreciate the Doctors, Para Medical staff and all those who supported the mankind in the entire world to come out from this pandemic by treating the patients by putting their duty first during such critical situation.

And at same breath, we convey our sincere thanks to those who helped us to continue emergency services in our hospital during COVID – 19 Pandemic.





The global pandemic has already caused loss of hundreds of thousands of lives and disrupted the lives of millions more. Vaccines invented by the scientists have started helping the human race to defeat the pandemic.

At HCF we organized Covidvaccination program for 4 consecutive months and supported 4600 persons to get vaccinated. Under this program Medical, Para-medical staff, Front-line workers, senior citizens and co-morbid persons were benefitted.

HELPING PATIENTS BY PROVIDING OXYGEN CONCENTRATOR

During COVID-19 situation in the country, the demand for oxygen supplies had increased, as a large number of patients gasping for breath while down with corona and their relatives were found queuing up outside hospital premises; there were also a substantial number of infected individuals, who got themselves treated at home wanting supply of Oxygen.

HCF tried its best by arranging significant number of Oxygen Concentrators supported by different donors and helped needy patients in home isolation by providing Oxygen concentrators.



FOOD DISTRIBUTION

During the Corona Pandemic situation, with support of kind donors, HCF distributed approx. 13000 Meal packets to needy poor people in different areas of Ahmedabad to help them fighting hunger.





NATIONAL HEALTH MISSION DISTRICT EARLY INTERVENTION CENTRE APPROVED BY GOVERNMENT OF GUJARAT UNDER RASHTRIYA BALSWASTHY KARYAKRAM (RBSK) FOR TREATMENT OF CONGENITAL BIRTH DEFECTS AND OTHER PEDIATRIC CONDITIONS

Considering the expertise of Health & Care Foundation Hospital in the field of congenital birth defects and other pediatric conditions, Government of Gujarat has given approval to the hospital of DISTRICT EARLY INTERVENTION CENTRE since 2015; under this banner, the hospital has been rendering complete diagnosis, treatment and surgery for 28 types of congenital birth defect totally free of cost to the patients up to 18 years of age.

 DEFECTS AT BIRTH Neural Tube Defect Down's Syndrome Cleft Lip & Palate / Cleft Palate alone Clubfoot Developmental Dysplasia of the Hip Congenital Cataract Congenital Deafness Congenital Heart Diseases Retinopathy of Prematurity 	 DEFICIENCIES Anaemia especially Severe Anaemia Vitamin A Deficiency (Bitot spot) Vitamin D Deficiency (Rickets) Severe Acute Malnutrition Goiter
 CHILDHOOD DISEASES Skin conditions (Scabies, Fungal	 DEVELOPMENTAL DELAYS AND DISABILITIES Vision Impairment Hearing Impairment Neuro-Motor Impairment Motor Delay Cognitive Delay Language Delay Behaviour Disorder (Autism) Learning Disorder Attention Deficit Hyperactivity Disorder Congenital Hypothyroidism, Sickle Cell Anaemia,
Infection and Eczema) Otitis Media Rheumatic Heart Disease Reactive Airway Disease Dental Caries Convulsive Disorders	Beta Thalassemia (Optional)



SHANTABEN KANTIBHAI PATEL (PATDIWALA) PEDIATRIC ORTHOPEDIC UNIT

The Pediatric Orthopedic Unit at HCF provides a broad range of care for congenital birth disorders of the skeleton, joints and muscles in children. The hospital has all the facilities to perform such surgery, including the modern operation theater with modern equipment. After surgery, we also provide calipers as per the requirements of beneficiary.



Before Operation





With Splint

Statistics

New Beneficiaries	515
Old Beneficiaries	500
Total Beneficiaries	1489
Corrective Surgeries	87

Pediatric Orthopedic Surgeons

Dr. Maulin Shah	Dr. Kamlesh Devmurari	Dr. Prakash Chauhan
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Orthopedic Surgeons

Dr. Kalpan Desai	Dr. Divyang Dave	Dr. Nitin Goswami	Dr. Manish Mistri
Dr. Pragnesh Shah	Dr. Pulak Godiawala	Dr. Ashish Shah	





SUSHILABEN MANUBHAI PARIKH CLUBFOOT CLINIC

Clubfoot is a congenital deformity in which an infant's foot is turned inward and downwards. It is not painful during infancy. However, if child's clubfoot is not treated, the foot will remain deformed, and he or she will not be able to walk normally. Approximately one infant in every 1,000 live births is likely to have clubfoot deformity.

At HCF, clubfoot deformities are successfully corrected with non-surgical Ponseti methods; baby's foot is gently stretched and manipulated into a corrected position and held in place with a long-leg cast (toes to thigh). For most infants, this improvement takes about 6 to 8 weeks followed by splints and physiotherapy. After casting period, few number of babies require Tenotomy surgery to release tightness in the Achilles tendon.



Before Treatment



Ponseti Plaster



With Splint

Statistics

New Patients	97	IT/
Follow-up Patients	107	
Total Screened Patients	229	
Ponseti Plaster	146	
Tenotomy	33	

Pediatric Orthopedic Surgeons





DR. NITIN SUMANT SHAH SPINAL CORRECTIVE UNIT SUPPORTED BY HEART FOUNDATION & RESEARCH INSTITUTE

Spinal column provides the main support to human body, allowing them to stand upright, bend, and twist, simultaneously protecting the spinal cord from injury. These structures affected by strain, injury, or disease can affect normal life.

In our spine department, we take care of children, suffering from congenital spine birth defects by investigation and treatment and corrective surgery is performed by expert surgeons in modular operation theater with modern equipment. Surgeries are critical, with duration of around 4 to 8 hours depending on severity and these are expensive. In our hospital, surgeries below the age of 18 years are done free of cost and for others MAA or PMJAY cards are accepted, and if not then surgeries are done at highly concessional cost.

Every year, team of Spinal Experts comes from USA & UK to perform critical spinal surgeries free of cost supported by IASA – USA to help the needy patients.



Before Operation



After Operation

Statistics

New Patients	29
Follow-up Patients	20
Total Patients	88
Surgery done	09

Doctors

Dr. Amit Jhala	Dr. Dhruv Patel
Spine Surgeon	Minimally Invasive Spine Surgeon





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CLEFT LIP & CLEFT PALATE

Cleft lip and palate are one of the most common birth defects. Cleft lips mostly seen in boys, while cleft palate is seen in girls and occurs about 1 to 2 per 1000 births in the world. Cleft lip and palate is surgically repaired in Health and Care Foundation hospital totally free of cost under expert plastic surgeons and supported by THE GUJARAT CLEFT AND CRANIOFACIAL RESEARCH INSTITUTE. Surgery can significantly improve child's appearance, quality of life, and ability to eat, breathe and talk.





Before Operation

After Operation

Statistics		
New Patients	22	
Follow-upPatients	3	
Corrective Surgeries	3	

Plastic Surgeons			
Dr. Himanshu Vora	Dr. Rutvij Parikh	Dr. Ravi Kalola	

SHAH CHIMANLAL CHHOTALAL LOKHANDWALA CHARITABLE TRUST CEREBRAL PASLY UNIT- JIVRAJPARK CENTER NIKOL UNIT SUPPORTED BY

LATE DR. J C SHAH & AHMEDABAD MUNICIPAL CORPORATION DAY CARE CENTER SUPPORTED BY SMT. SHANTABEN JAYANTILAL CHOKSHI, C/O. SHRI J. J. CHOKSHI

Our foundation has been running units for cerebral palsy children, which is usually neglected by community. Under this unit, we have been providing a variety of therapies which help to maximize their abilities and physical strength, prevent complications, and improve their quality of life and expert doctors perform regular diagnosis of the children to ensure their assessments and proper rehabilitation.



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Statistics

New Patients	159
Follow-up Patients	127
Total Patients	518
Surgery (With Botox injection)	04
Therapy taken at Daily basis	
Registered children - Jivrajpark Centre	83
Registered Children Nikol Centre	23

THERAPIES PROVIDED

	Jivrajpark	Nikol
Physiotherapy	4373	1874
Occupational Therapy	4877	1482
Sensory investigations	3395	222
Day care unit	463	-
Early intervention	6145	1047
ADL	684	343
Play therapy	1151	505
Home bound program	0	-
Speech therapy	0	
Developmental paediatrician	0	
Psychological assessment	11	

DOCTORS

(
Dr. Vipin Naik	Dr. Varsha Tripathi	Dr. Nitish Vora
HOD	Neuro Physician	Neuro Physician
Dr. S. R. Apte	Dr. Rajnikant Shah	Dr. Harshruti Shah
Occupational Therapist	Paediatrician	Neuro Physician
Shri Sanket Shah	Dr. Harsh Patel	Dr. Prakash Chauhan
Speech Therapist	Neuro Physician	Orthopedic Surgeon
Shri Santosh Kumar	Dr. Deepika Jain	Dr. Anand Ayer
Audiologist	Developmental	Neuro Physician
	Paediatrician	





NEW CP CENTERS IN ASSOCIATION WITH GOVERNMENT OF GUJARAT (GOG)

HCF and GOG initially launched six Cerebral Palsy pilot centers which are surveyed by Health and Care Foundation.

These centers are;

- 1. Tarapur CHC
- 2. Kadi CHC
- 3. Nana Podha CHC
- 4. Jam Jodhpur CHC
- 5. Karjan CHC
- 6. Gadhada CHC











LATE SHARMISHTHABEN MANUBHAI SHAH (BADARPURWALA) AUTISM UNIT

Autism is a complex neurological disorder impacting the normal development process of the child. Its manifestations are impairment in social interaction, impairment in communication, restricted interests and repetitive behavior. Autism Unit is fully conscious of this and is giving emphasis on creating public awareness in this regard, besides providing effective intervention to the special kids having autism disorder. Our intervention covers Behavioral Therapy, Speech Therapy, Social skills training, Yoga and meditation Therapy, Sensory Integration (S.I) Therapy, and learning Alternative mode to develop communication skills.



New Patients	16
Continued Patients	35
Total Patients	51

Doctor	
Dr. Darshana Vora	
Autism Specialist	

SHREE GUJARAT VAISHYA SABHA VOCATIONAL TRAINING CENTRE

Vocational Training Center helps in developing grown up special child's unique capabilities while helping them achieve economically independence. In this department, we train disabled & mentally retarded persons above the age of 18 years to prepare different items such as Paper Bags, Rakhis, Foot Mats, Diyas etc. for Corporates as well for individuals.

Diya - made	19569
Paper bag - made	3540
Doormats - made	21
Rakhadi	329







PRAVINBHAI BALUBHAI CHARITY TRUST OPHTHALMIC DEPARTMENT

Eyes are our windows to the world. They are the way to all the natural and healthy beauty around. As we know eye is one of the important parts of our body, we provide all facilities under single roof for prevention of blindness through investigations, treatment and advanced surgery for all age group of patients either free of cost or at highly affordable cost with help of modern equipment and expert surgeons.



General Ophthalmic OPD : -	
New Patients	1162
Follow-up Patients	2002
Total Patients	4201
Cataract Surgery :-	
Paediatric	21
Adult	242

DOCTORS

Dr. Anil Shah	Dr. Shefali Maheswari
General Ophthalmologist	Cataract Surgeon

CORNEAL GRAFTING UNIT

Corneal disorders if severe make the cornea cloudy, scarred, and distorted, eventually leading to vision loss. Cornea transplant becomes necessary if eyeglasses or contact lenses can't restore your functional vision or if painful swelling can't be relieved by medications or special contact lenses. Corneal Grafting surgery involves surgical removal of the unhealthy cornea (either total or partial) and replacing it with a healthy, transparent donor cornea (complete or partial). In this unit, Expert surgeons perform cornea grafting surgeries free of cost. Shri Gautambhai Majmudar of C S Samariya Red-cross International Eye Bank of

Total Patients

Surgery



Majmudar of C S Samariya Red-cross International Eye Bank of Before Operation After Operation Ahmedabad has been supporting us by providing the eye balls without any charges.

71

02

New Patients13Follow-up Patients42

DOCTORS

Dr. Beena Desai	Dr. Sonal Suri	
Corneal Surgeon	Corneal Surgeon	

New Patients	167
Follow-up Patients	488
Total Patients	776
Surgery	04
Procedure :-	
ОСТ	98
Treatments :-	
Laser	60
Angeography + FFA	08
Injection	117
	· · · ·

DOCTORS

DOCTORS		
Dr. Alay Banker	Dr. Chintan Sarvaiya	Dr. Sejal Bhatt
Vitro - Retina Surgeon	Vitro - Retina Surgeon	Vitro - Retina Surgeon

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Glaucoma is a group of eye conditions that damage the optic nerve, the health of which is vital for good vision. This damage is often caused by an abnormally high pressure in your eye.

Glaucoma is one of the leading causes of blindness for people over the age of 60. It can occur at any age but is more common in older adults. In this unit, patients are treated under expert consultants including surgeries by modern equipment.

- dune.
Margaret Contraction
9
Higher than + marmid pressure inside the eye

GLAUCOMA

	Glaucoma
New Patients	50
Follow-up Patients	84
Total Patients	134
Surgery :-	
Perimetry	02
Pachymetry	39

DOCTORS

Dr. Shefali Maheshwari

Glaucoma Surgeon

RETINA UNIT

The function of the retina is to convert the light into neural signals and send them to the brain for visual recognition. The retina is a vital tissue, and retinal disorders may severely affect the sight and cause blindness, if not treated on time. For such patients, FFA and OCT procedures are performed followed by intra ocular Injection or / and Laser therapy.





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HEALTHY EYES



RAMANGOURI & HIRALAL SHAH INVESTIGATIVE DIABETIC RETINOPATHY CLINIC SUPPORTED BY – HIRALAL J SHAH CHARITABLE TRUST

Diabetics often suffer from the growth of new blood cells from the retina into the vitreous humor, which cause bleeding and stretching of the retina. Early diagnosis can preempt surgical intervention. At HCF, Patients are diagnosed and investigated by FFA and OCT procedures and advanced cases are treated by laser or injection at our hospital.



Procedure :-	
OCT	98
Treatment :-	
Laser	60
Angeography + FFA	08
Injection	117

		DOCTORS	
ſ	Dr. Alay Banker	Dr. Chintan Sarvaiya	Dr. Sejal Bhatt
	Vitro - Retina Surgeon	Vitro - Retina Surgeon	Vitro - Retina Surgeon

IIFAITILO OADE

SCREENING OF DIABETIC RETINOPATHY AT OUTREACH CAMPS SUPPORTED BY: SMT SMITABEN & SHRI KIRITBHAI SHAH (USA)

Diabetic retinopathy outreach screening camps are often organized in community places by HCF to diagnose and treatment of this disease. The focus is on detecting diabetic retinopathy before it causes irreversible blindness and our team also refers the patients for further treatment like laser therapy or intraocular Injections to needy people.

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PARAMPUJYA ACHARYA SHREE KALYANSAGARSURISHREEJI MAHARAJ SAHEB AMOLA SURENDRABHAI MANGALDAS KACHRABHAI PARIVAR (TITODAVALA) RETINOPATHY OF PREMATURITY UNIT

Retinopathy of prematurity (ROP) is an eye disease that can happen in low-birth weight premature babies. It causes abnormal blood vessels to grow in the retina, and can lead to blindness. For this a telemedicine project is run by hospital since last 9 years earlier supported by Government of Gujarat under the name of GIDROP. Under this project, our specialized team, as per schedule, visits different government, semi-government, municipal and private NICUs covering districts of Ahmedabad, Gandhinagar, Mehasana, Patan, Himmatnagar to screen pre-mature babies by RETCAM; the babies are diagnosed and according to the necessity provided treatment to save the vision.



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STATISTICS

New baby Screening	3384
Follow-up Baby screening	302
Treated Eyes with retinopathy	415

Dr. Alay Banker Project Chief– GIDROP

SHETH HARILAL HARIVALLAVDAS TRUST PEDIATRIC OPHTHALMIC UNIT

Since the visual system is in a developing phase in childhood, hence it is imperative that any eye disorder in children be identified and rectified, as early as possible. paediatric ophthalmologists treat eye defects in children through medication, therapies, and complex eye surgeries.

At HCF, Pediatric ophthalmic diseases like cataract, squint, Glaucoma, keratoconus are examined under specialized equipments and surgically corrected by expert at free of cost.



Before Operation



After Operation



	Cataract
New Patients	81
Old Patients	56
Total Patients	137
Surgery – Pediatric cataract	21
Surgery - Pediatric Squint	9

Doctor

Dr. Sajni Kalpit shah	
Pediatric Ophthalmologist	

ORBIT AND OCULOPLASTY SURGERY UNIT

Recently, we have started ORBIT AND OCULOPLASTY SURGERY UNIT for helping ophthalmic patients requiring repair of droopy eyelids, repair of tear duct obstructions, orbital fracture repairs, and removal of tumors in and around the eyes, eyelid and facial reconstruction. We believe this new unit will be help to many patients.



 Doctor

 Dr. Juhi Shah Thakkar

 Orbit & Occuloplasty Surgeon





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CENTRE FOR DIABETES AWARENESS AND DETECTION SUPPORTED BY LALJI MEHROTRA FOUNDATION

CENTRE FOR DIABETES regularly conducts free Diabetes Screening camps in and around Ahmedabad city. During the camp, we screen the population for blood sugar and patients who have higher blood sugar level are advised to attend hospital for further investigations which are done totally free of cost. We organize awareness campaign for prevention of diabetes and its complications. Further, tertiary treatments are given at highly subsidized cost.

Do	ctors
Dr. J. C. Mehta	Dr. Bharat Mehta
Physician	Physician

DIABETICS' CLUB

Our mission at Diabetes Club is to spread awareness, empower people with diabetes and help them improve their quality of life.

Becoming a part of this club, we provide access to many valuable services and benefits available to people who pay an annual nominal subscription fee. Member will avail the benefits such as all necessary path lab tests, investigations and consultation with Physician and dietician totally free of cost.

Total membership of diabetic club gone down because of covid-19 pandemic.

Total Membership

MADHURAM DIABETIC FOOT CLINIC

Such patients have poor blood circulation which affects their foot's blood supply. Some of the common causes of circulation issues include high amount of blood fat, smoking and increased blood glucose levels.

Diabetic foot clinic deals with diagnosis and treatment of disorders related to the ankle, foot and lower extremity in patients having a diabetic problem. We provide all facilities by modern computerized Foot equipments. Regular follow up can save the complications of diabetic foot. Beside this, in our modern workshop, we prepare diabetic footwear and foot insoles at a very affordable cost.







SOPHOS JUVENILE DIABETES CENTRE

Type -1 diabetes is fatal unless treated with proper care and insulin. We treat all affected kids by support of Expert Endocrinologists and provide them insulin at subsidized cost. Considering the gravity of this disease and increasing number of children affected by this, Health & Care Foundation has initiated this project.



New	5
Old	162
Total Registered Beneficiaries	385

Doctors

Dr. Shalmi Mehta	Dr. Ruchi Shah	Dr. Ramesh Goyel	Dr. Rutul Gokhlani
Endocrinologist	Endocrinologist	Endocrinologist	Endocrinologist

SMT SMITABEN & SHRI KIRITBHAI SHAH PEDIATRIC DIAGNOSTIC UNIT

The unit provides specialist pediatric healthcare services to children from birth to age 16 years. A wide range of conditions and illnesses are examined, investigated and treated by senior child specialist.



Patients	186
Follow-up Patients	323
Total Patients	706

Doctors

	Dr. Rajnikant Shah	Dr. Krishna Vihol		
	Pediatrician	Pediatrician		



Our aim is to provide dialysis service with full safety from complications related to the procedure as well as hazard due to the invasive procedure. We provide dialysis procedures to people with chronic renal failure, under experienced dialysis technicians and expert doctors at free of cost for MAA and PMJAY card holders and at nominal costs for others.



Statistics

2020-2021Procedure				
DOCTORS				
Dr. Rupen Panchal	Dr. Himanshu Patel			
Nephrologist	Advisor			

SRIMATI KALABEN ARVINDBHAI NANAVATI WOMEN WELLNESS CLINIC Supported by: LATE DHANLAKSMIBEN MANILAL RANCHODDAS

Breast cancer is the most common cancer in women and the second most common cancer to cause death in women.

We run WOMEN WELLNESS CLINIC to spread awareness and early diagnosis for breast & cervical cancer. We are providing package of breast mammography, breast sonography, abdomen sonography, pap smear test, gynecologist and onco-surgeon consultation for early screening of breast and cervical cancer at very nominal cost. If breast cancer is detected in any woman, surgery is performed in our hospital by Expert Surgeons at highly affordable cost.



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Beneficiaries

D	OCTORS	
Dr. Anila Kapadia	Dr. Shakuntala Shah	
Onco Gynaecologist	Onco surgeon	
Dr. Kshama Shah	Dr. Shefali Desai	
Gynecologist	Breast Surgeon	
Dr. Trupti Patel		
Radiologist		



I-BREAST EXAMINATION AND AWARENESS CAMPS SUPPORTED BY: SHILP GRAVURES LTD DEVICE SUPPORT BY: U & U LTD - UK

A NEW WAY TO DETECT BREAST CANCER

iBreastExam is a US FDA approved, first of it's kind device that enables health workers to identify nonpalpable breast lumps in just a few minutes, without pain or radiation.

HCF regularly conducts Outreach Breast Screening Camps for awareness and early detection of Breast Cancer camps by i-Breast Exam device in and around Ahmedabad city. Those who need additional investigation, we counsel them to attend hospital for tests like Mammography and Sonography of Breast.

Statistics

Total Camps	29
Total Women Screened	928
Total Women who need further	17
investigation	



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SHRIMATI KALABEN ARVINDBHAI NANAVATI MULTISPECIALTY DIAGNOSTIC CLINIC

Understanding the high cost of Specialist services, we run Multispecialty Diagnostic Clinic. Under this clinic, we have been serving services like Gastroenterology, Cardiology, Pulmonology, Upper Extremity Orthopedic, Nephrology, General Surgery, Pediatric General Surgery, Sonography, Cancer Pain and Palliative Medicine & Dermatology which provide diagnostic facilities at highly subsidized rate.

GASTROENTEROLOGY

Gastroenterology is a medical specialty dealing with the digestive system disorders. At HCF, Gastroenterologist examines the patients, diagnose their disease and provide medical treatment at subsidized cost.

Doctor	
Dr. Jatin Patel	
Gastroenterologist	



CARDIOLOGY

At our hospital, Cardiologist diagnoses the patient's conditions, prescribes the medicines and gives advice about preventing heart diseases. We provide investigations like ECG, 2d Echo, Lipid profile and TMT test at highly affordable cost.

PULMONOLOGY

Nowadays global warming has been increasing day by day and people are facing the lungs and respiratory system problems. At HCF, Pulmonologist diagnoses patients and manage more complex illnesses. We provide Chest X-ray, PFT, and lab test at concessional rate.

Doctor	
Dr. Pratik Patel	
Pulmonologist	

NEPHROLOGY

Kidney damage may be caused by diabetes, high blood pressure, and various other chronic (long-term) conditions.

We provide consultation, renal function test and ultra sonography at highly subsidized cost. In addition, we run Dialysis unit for chronic renal failure patients.

Doctor	
Dr. Rupen Panchal	
Nephrologist	

UPPER EXTREMITY ORTHOPAEDIC

Upper extremity problems that affect the shoulder and elbow are very common. Patients can develop such problems as a result of traumatic injuries, sports activities, work injuries and occupational disorders, and aging and degenerative conditions.

At our hospital, we provide consultation, blood test and radiology investigations at highly affordable cost.

 Doctor	
Dr. Pravin sarda	
Upper Extremity Orthopedic Surgeon	

GENERAL SURGERY

At Health and care Foundation, a General surgeon evaluates abdominal problems and provides medical treatment.

Doctor	
Dr. Apoorva Patel	
General Surgeon	





PEDIATRIC GENERAL SURGERY

At this Hospital, Pediatric surgeon diagnose, manage and provide medical treatment at highly affordable cost.

Doctor
Dr. Sudhir Chandana
Pediatric General Surgeon

SONOGRAPHY

After x-ray exams, ultrasound is the most utilized form of diagnostic imaging in women, men, and children to gain advanced insights into the inner workings of the body.

We provide all type of ultra-sonography at highly subsidized cost.

Doctor
Dr. Trupti Patel
Radiologist

CANCER PAIN & PALLIATIVE MEDICINE

We provide chronic pain management for cancer, osteoarthritis, frozen shoulder, spine disorder and other terminal illness.

Doctors			
Dr. Jay Panchal	Dr. Chandni Patel	Dr. Monika Sharma	
Cancer pain & Palliative Care	Cancer pain & Palliative	Cancer pain & Palliative	
Surgeon	Care Surgeon	Care Surgeon	

DERMATOLOGY

Layer of skins maintains overall hydration and serves as our primary defence against the environment, so keeping it strong and healthy is important. We provide consultation and nitrous oxide application at most affordable cost.

Doctors		
Dr. Laxman Malodia	Dr. Keyur Shah	
Dermatologist	Dermatologist	

MINIMALLY INVASIVE SPINE SURGERY

Minimally invasive spine (MIS) surgery is performed to treat different spinal disorders, such as herniated discs, scoliosis or spinal tumours. Spine surgery performed minimally invasively offers many potential benefits, such as small incisions, less post-operative pain, and faster recovery.





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SRIMATI MANJULABEN JAYANTILAL SONI CHILD MAL-NUTRITION TREATMENT CENTER (CMTC) A JOINT EFFORT OF HEALTH & CARE FOUNDATION AND AHMEDABAD MUNICIPAL CORPORATION

A child will experience malnutrition if appropriate amount or quality of nutrients comprising a healthy diet is not consumed, or not absorbed adequately or not metabolized for an extended period of time.

CMTC center is an exclusive 6 bedded ward, where we provide highly nourished balanced food having rich protein and vitamin for mother and the child. Coordination and follow ups through Anganwadi workers; the unit is managed by expert doctors and trained staff.



Total Beneficiaries

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LATE SRIMATI KANCHANGAURI JAMNADAS SHAH HEALTH CHECK UP CENTER

To prevent the onset of disease and illness, it is important that you build the foundation of a strong protective wall. We have been providing health check-up facilities including complete blood test, kidney & liver function test, thyroid test, ECG test for cardiac, x-ray and check up by Eye, ENT, Dental and diabetes specialist at highly nominal cost.



CHARITABLE HOSPITAL

2020-2021 beneficiaries	1291	
Dr. J. C. Mehta	Dr. Bharat Mehta	
Physician	Physician	
•	•	



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SMT SMITABEN & SHRI KIRITBHAI SHAH USA & PRAVINBHAI BALUBHAI CHARITY TRUST VACCINATION CENTRE SUPPORTED BY AHMEDABAD MUNICIPAL CORPORATION

"Childhood vaccines are one of the great triumphs of modern medicine. Indeed, parents whose children are vaccinated no longer have to worry about their child's death or disability from whooping cough, polio, diphtheria, hepatitis, or a host of other infections."

The Vaccination Center of Health and Care Foundation, Ahmedabad is providing vaccinations and plays a vital role to improve the health status of community. This center serves indoor and outdoor neonates & children by providing life- saving vaccines free of cost which is provided by AMC; other type of vaccines for children and women are provided at subsidized cost or free of cost to underprivileged people. The Center organizes outreach camps at different locations for providing vaccines at the camp sites only.



During the year we provided lifesaving vaccines to 770 beneficiaries.



ENT UNIT SUPPORTED BY UNISON PHARMACEUTICALS PVT LTD

ENT specialists can identify, manage, treat and provide surgery for ear, nose and throat problems. We have equipments like endoscopes, operating microscope and surgical instruments.

In our hospital several type of hearing tests, like OEA, BERA, ASSR, Impedance audiometry and pure tone audiometry are performed in a sound proof roof with modern equipment at either free of cost or at highly affordable cost.



Statistics

New Patients	304
Follow-up Patients	293
Total Patients	846
Investigations :-	
Audiometry	50
OAE	114
ASSR	82
BERA	79
MAPPING	12

Doctors			
DR. Prakash Bhatt	Dr. Amrish Soni	Dr. Mittalben Shah	
ENT Surgeon	ENT Surgeon	ENT Surgeon	

PAIN MANAGEMENT CLINIC

24

Our Pain Management Clinic provides comprehensive care for people living with chronic pain, for whom medication & other therapies are ineffective. The cause of pain is thoroughly analyzed by qualified pain physicians & treatment options like medication and different procedures, therapies – sometime by injection, ozone therapy, Radio-Frequency therapy are provided as per need.





Annual Report 2020-21



New Patients	292
Follow-up Patients	407
Procedure	24

Doctors

Dr. Divya Chokshi	Dr. Meeta Joshi
Pain Physician	Pain Physician
Dr. Chandni Patel	Dr. Monika Sharma
Pain Physician	Pain Physician

DENTAL UNIT

SUPPORTED BY:

SMT. CHANDRAVATIBEN CHIMANLAL SHAH - SHRI C. C. SHAH (NAUSHIR M. MARFATIA AND CO.) FROM HIS FAMILY AND SHRI PARSHWANATH CHARITABLE TRUST

AND SHRI MAHAVIR TRUST SMT. AMLABEN AND SHRI RAJESHBHAI C. SHAH AND PRABHAVATIBEN HIRABHAI BHAGWATI

A fully integrated Dental unit providing sustainable solutions in the field of Dentistry having state of the art Infrastructure, Equipment & Instrumentation, world class procedures. We have been providing procedure facilities namely Root canal, Ceramic & Metallic cap, Filling, Scaling, Extraction, X Ray, Denture, Implants, Periodontal Surgery, Ortho Treatment, Veneers (Smile Designing) etc. treatment at highly affordable cost.



Statistics	TION
New Patients	832
Follow-up Patients	4234
Procedure	3095
	IUSTIIAL

	Doc	tors	
Dr. Arpit Halani	Dr. Krishr	a Panchal	Dr. Pratik Shah
Prosthodontist	Perioc	lontist	Oral Surgery
Dr. Jeet Naik	Dr. Rahul	Bachvani	Dr. Harshil Zaveri
Pedodontist	Ortho	dontist	Periodontist
Dr. Sachi Shah	1	Dr	. Ridhdhi Agrawal
Dentist		Dentist	





PROSTHETIC & ORTHOTIC WORKSHOP

Prosthetic involves the use of artificial limbs (prostheses) to enhance the function and lifestyle of persons with limb loss. Orthotics involves precision and creativity in the design and fabrication of external braces (orthotics) as part of a patient's treatment process.

We have been preparing different types of splints, high tech limbs, calipers, spinal braces Diabetic ware, insole for diabetes patients and artificial limbs for needy people at nominal cost or at highly subsidize rate.





Statistics

CALIPERS	296
HIGH TECH	02
JAIPUR – AL	23
DIABITIC INSOLE	03
SPINAL BRACE	5
CLUBFOOT SPLINT	201

LATE SADGUNABEN RATILAL ZAVERI MUSCULAR DYSTROPHY UNIT

At HCF hospital, we have been running MUSCULAR DYSTROPHY OPD which is basically incurable disease with support from Indian Muscular Dystrophy Society & Research Centre and we have been providing our best for unfortunate patients as well as medicines under this mission.



HEALTH & CARE FOUNDATION Annual Report 2020-21



UGARCHAND PATEL GENERAL PHYSIOTHERAPY UNIT MAINTENANCE SUPPORT – PARAS PHARMA

Our Physiotherapy unit is committed to providing the highest level of patient-centered care. We provide advanced assessment and therapies to address neuromusculoskeletal injury and dysfunction. We provide rehabilitation solutions utilizing an individualized, single or multi-disciplinary approach, to make able to do maximum function at work, play or activities of daily life.



728 4710

Registered Patients
Therapy given

RADIOLOGY UNIT

Radiology unit provides X-ray of chest, upper-limb, lower limb and spine by modern x-ray machine. In addition, we provide 2D Echo, all type of ultra-sonography and mammography of breast is done for cancer detection

X Ray	2979
Sonography	310
Mammography	210



Doctors

Dr. Dhiren Shah	Dr. Trupti Patel
Radiologist	Radiologist

PATHOLOGY LABORATORY

Our Pathology Laboratory is always focusing on quality testing, and timely reports to provide early treatment. All type of blood and urine investigations are done with best modern instruments using quality Reagents at highly nominal cost.



Indoor Outdoor	438 3377	•
Doctor		
Dr. Biren Shah		
Pathologist		
27		



MAHALAXMI MATA TRUST (PALDI) GENERIC MEDICINE CENTRE

Mahalaxmi Mata Trust has been supporting us to serve range of generic medicine for downtrodden people. We have been running a generic medicine store where we provide prescribed drugs, high quality generic medicines mostly for Diabetes, also for different diseases and among other products. HCF purposes to help needy people who buy medicines by providing them access to genuine generic medicines at discounted prices.

Total Beneficiaries				14103

COUNSELING & PSYCHOTHERAPY CENTER SUPPORTED BY ANJANEYA CHARITABLE TRUST

In our hospital, dedicated psychotherapist counsel individual persons of all ages including children above 10 years having behavioural problems, adolescents with educational, career concerns, substance abuse problems, marital or family issues and in later age post retirement socioeconomical and emotional problems.

Also counsel patients with chronic pain or long term health diseases like; diabetes, cancer, cardiac and neurological problems like Dementia, Alzheimer and Parkinson diseases to prevent psychological disorders.

We have been organising seminars/workshops to educate public about different mental disorders like depression, Anxiety, Psychological Distress, Abuse, and Suicidal tendency.

STA	ATISTICS
New Clients	27
Total Sessions	112
Counselling :-	
Diabetes	167
Cancer	07
Orthopedic	28
	•



YOGA SADHANA KENDRA

Yoga is originated in ancient India; it is a combination of physical, mental and spiritual activities. The purpose of yoga is to build strength, awareness and harmony in both the mind and body.

We run Yoga Kendra at nominal charges under the guidance of an expert but during year 2020-21 we could not continue Yoga Kendra due to pandemic.



RATIBHAI G. SHAH SENIOR CITIZEN WELLNESS CLINIC

Senior Citizen Center provides an opportunity for seniors to get active, enjoy various social activities, and to improve their overall quality of life.

Our motto is to provide a holistic service to ensure physical, mental and social wellbeing of senior citizens. At HCF, we provide facilities such as entertainment, yoga, once a month Blood sugar check, every week Blood pressure measurement, indoor games, and library.



Registered Senior Citizen 15



ANESTHETIST SUPPORTING OUR MISSION TO HELP NEEDY PATIENTS

Dr. Rohit Parekh	Dr. Devang Parikh
Dr. Himanshu Shah	Dr. Maulik Mehta
Dr. Mansi Shah	Dr. Satyen Patel
Dr. Piyush Goswami	Dr. Umesh Parikh
Dr. Kant Modi	Dr. Beena Parikh
Dr. Bharat Oza	Dr. Belani
Dr. Minesh Patel	Dr. Mithun
Dr. Vishmay Thakkar	Dr. Manoj Katheriya

BOARD OF TRUSTEES

Dr. Bharat Bhagat	Shri Pravinbhai Shah	Shri Krishnakantbhai C. Shah
Dr. Prakash Amin	Shri Jayendrabhai Patel	Shri Sarvagnabhai Godiawala
Dr. Rohit Parekh	Dr. Kalpan Desai	Dr. Mehul Shah
Shri P. K. Ghosh	Shri Devangbhai Patel	Dr. Prakash Bhatt
	Shri Nipambhai Shah	

ADVISORY COMMITTEE MEMBERS

Shri Milan Dalal	Shri Rashmikantbhai Shah	Lion Mukeshbhai Patel
Dr. Khodabhai T. Patel	Shri Ashokbhai G. Shah	Shri Pareshbhai Talati
Shri Prafulbhai Shah	Dr. Hemant Broker	Shri Mansukhbhai Patel
Dr. Pankaj M. Shah	Shri Piyushbhai Desai	Dr. Vipin Naik
Dr. Kamlesh Devmurari	Shri Anilbhai G. Agrawal	Shri Shaileshbhai Dalal
Shri Ambarbhai Patel	Dr. Kamal C. Shah	
CEN	ANNADLE HOS	DEITAL

SPECIAL INVITEE MEMBER

Smt. Sukeshiben Shah	Dr. Malti M. Shah	Shri Madhukarbhai T. Shah
Dr. S. R. Apte	Shri Ravindrabhai Mehta	Shri Dhrupadbhai G. Shah



Shri Kiritbhai Shah – President Dr. Nayanbhai Nanavati Dr. Shaishav Bhagat Dr. Shital Parikh Shri Vivekbhai Bhagat Shri Takshak Desai

INTERNATIONAL RESOURCE COMMITTEE

YUVA TEAM

Shri Manan Godiawala	Shri Ankit Shankarbhai Patel	Dr. Keyur Shah
Dr. Jatin Patel	Shri Dhaval R. Shah	Shri Arpit Talati
Shri Yamik Thakkar	Shri Kirtan Shah	Shri Dhrumil Joshi
Shri Dhruv Shah	Shri Anuj Mehta	Shri Apoorva Thakershy
Shri Pathik Patwari	Shri Daxeshbhai Soni	Shri Nilesh Patel
Dr. Tejas Padodara	Shri Darsh Parikh	Shri Parag Shah
Shri Nihal Jhaveri	Smt. Heenaben Godiawala	Smt. Deepali Joshi
Smt. Hinaben Jariwala	Smt. Sonal Modi	

SOCIAL WORKERS

Shri Dattuprasad Dave	Smt. Reshmaben Shah	Smt. Ranjanben Kothari
Shri Sanjaybhai Shah	Smt. Sailaben Amin	Shri Ashwinbhai Kantawala
Smt. Sonalben Shah	Smt. Leenaben Desai	







HEALTH & CARE FOUNDATION Annual Report 2020-21

OUR CORPORATE DONORS





OUR ESTEEMED DONORS FROM INDIA

SR. NO.	DONOR'S	AMOUNT
1	LALJI MEHROTRA FOUNDATION	2,500,000
2	M/S. TRUEZSCHLER INDIA PVT LTD	1,000,000
3	M/S. AIA ENGINEERING LIMITED	756,000
4	M/S. SHILP GRAVURES LTD	700,000
5	M/S. UNISION PHARMACEUTICALS PVT LTD	650,000
6	M/S. INVENTIA HEALTHCARE LTD	550,000
7	SHRI PANKAJ K. PATEL	500,000
8	U V PATEL FOUNDATION	500,000
9	ESTATE OF INDU CHANDRAKANT PARIKH	500,000
10	M/S. MAZDA LIMITED	500,000
11	M/S. BLUETEX (I) PVT LTD	351,000
12	SHRI PARSHVANATH CHARITABLE TRUST	350,000
13	SHRI NAMASKAR CHARITABLE TRUST	300,000
14	DR. SURESHBHAI D BHATT CHARITABLE TRUST	300,000
15	M/S. PRASAD KOCH TECHNIK PVT LTD	275,000
16	MAHAVIR TRUST	250,000
17	GUJARAT SARVAR MANDAL	250,000
18	SHRI RASHMIKANT JAMNADAS SHAH	225,000
19	CHINULAL NARANDAS TRUST FUND	200,000
20	THE AHMEDABAD MERCANTILE CO. OP. BANK LTD	200,000
21	NAVNEET FOUNDATION	200,000
22	M/S. INTAS PHARMACEUTICALS LTD	147,500
23	SHETH GIRDHARDAS HARIVALLABHDAS TRUST FUND	125,000
24	MOUNT FAB PACKAGING LLP	111,111
25	RAJESH CHIMANLAL SHAH - HUF	109,000
26	SHRI AMOL PRAKASH BHAGWATI	100,000
27	SHRI VASANT AMBALAL ANANDJIWALA	100,000
28	DR. MALTI MANILAL SHAH	100,000
29	SHRI PRAVINBHAI B SHAH	100,000
30	PRAKASH H SHAH HUF	100,000
31	HIRABEN DAHYABHAI DESAI PUBLIC CHARITABLE TRUST	100,000
32	SHRI KALPESH B DALAL	100,000
33	SHRI SURENDRA V SHAH	100,000
34	DR. PRAKASH B BHATT	100,000
35	MS. YAMINI MUKESH PATEL	100,000





SR. NO.	DONOR'S	AMOUNT
36	M/S. PRODIGY SOFTWARE LTD	100,000
37	M/S. INSPIRON ENGINEERING PVT LTD	100,000
38	M/S. NARODA ENVIRO PROJECT LTD	100,000
39	MR. ALEEM ADATIYA	87,000
40	KALPAN DESAI HUF	81,000
41	LALITABEN RAMANLAL PUBLIC CHARITANLE TRUST	80,000
42	DR. PRAKASH V AMIN	80,000
43	LATE JETHALAL AMRATLAL ESTATE TRUST	80,000
44	MS. BHAVANI KARTIKBHAI PATEL	75,000
45	SHRI JAYESH V SHAH	75,000
46	DALAL LALLUBHAI ISHWARDAS CHARITABLE TRUST	70,000
47	SHRI NILESH K PATEL	60,000
48	SHRI SAMIR SURESHBHAI SHAH	55,000
49	SHIR DARSHAN CHANDRAVADAN JAMBUSARIA	51,000
50	SHRI NITIN ISHWARLAL CONTRACTOR	51,000
51	SHAH CHIMANLAL CHHOTALAL LOKHANDWALA CHARITABLE TRUST	50,000
52	SHRI NIRJA V VASAVADA	50,000
53	M/S. PRAWEEN GULATI INFRASTRUCTURE PVT LTD	50,000
54	SHRI HARSHVADAN L PARIKH	50,000
55	M/S. TRANSCYBER ADI INC	50,000
56	SHRI UMESH V SHAH	50,000
57	MS. RAMILA SALVI	50,000
58	MS. SOMIBEN KARSHANBHAI PATEL	50,000
59	SHRI ARVIND CHHOTABHAI AMIN	50,000
60	SCHOOL FOR DEAF-MUTES SOCIETY	50,000
61	DR. BHARAT H MEHTA	50,000
62	SHRI NILENDU KRISHNAKANT VAKIL	50,000
63	M/S. GUJARAT INDUSTRIAL PRODUCTS	50,000
64	SHREE CHINUBHAI SHANTILAL SHAH CHARITABLE TRUST	50,000
65	INDIAN MASCULAR DYSTROPHY SOCIETY	40,000
66	M/S. SAMEEP FEBRICS PVT LTD	35,000
67	M/S. SAMEEP TEXFAB LLP	35,000
68	M/S. VEENSAN FABRICS PVT LTD	35,000
69	SHRI DHAVAL RASHMIKANT SHAH	30,000
70	SHRI NAVINCHANDRA N TRIVEDI	30,000
71	BHURIBEN LALLUBHAI MEDICAST	30,000
72	SHRI R M PATHAK	25,000
73	MS. NALINIBEN Z MEHTA	25,000



HEALTH & CARE FOUNDATION

Annual Report 2020-21

HEALTH & CARE FOUNDATION CHARITABLE HOSPITAL

SR. NO.	DONOR'S	AMOUNT
74	MS. MINABEN JAGDISHCHANDRA AMIN	25,000
75	SMT. SAVITABEN RASIKLALTRUST FUND	25,000
76	SHRI BHARAT K SHAH	25,000
77	SHRI AAISHVARYA D SHAH	25,000
78	SHRI CHETAN SHAH	25,000
79	MS. BIMLAKUMARI LAJPATRAI HURRA	25,000
80	MS. USHABEN PARESHBHAI MAJMUDAR	25,000
81	MS. ZARINA BANKIM KAJI	25,000
82	SHRI JITENDRA ISHWARLAL SHAH	25,000
83	SHRI GAJENDRAKUMAR CHUNILAL UPADHYAY	22,000
84	SHRI BHUVANESH P MANKAD	21,000
85	SHRI RAJESH J DHAGIA	21,000
86	MS. USHABEN HASMUKHBHAI SHAH	20,000
87	MS. KUNJBALA PRABODHCHANDRA KOTHARI	20,000
88	SHRI SURESH RATILAL	20,000
89	DR. MONIKA C SHARMA	20,000
90	SHRI HARIBHAKTI	20,000
91	DR. SARLA RATILAL SHAH	20,000
92	MS. KAVERI YAMIK THAKKAR	20,000
93	MANAV JYOT PUBLIC CHARITABLE TRUST	20,000
94	SCARLET HOSPITAL LLP	20,000
95	MS. JAYABEN V PATEL	17,000
96	ABHISHEKH SYNTHETIC MILLS	16,600
97	MS. HEENA MANAN GODIAWALA	15,000
98	SHRI MANAN S GODIAWALA	15,000
99	SHRI YOGESH RASIKLAL PARIKH	15,000
100	HARIBHAKTI CHARITABLE TRUST	15,000
101	MS. BHANUMATI D SHAH	15,000
102	MS. DEVYANI DIXIT	15,000
103	SHRI RAVI PATEL	15,000
104	M/S. TRISTAL ENTERPRISE	15,000
105	SHRI JINESH SURENDRAKUMAR SHAH	11,000
106	SHRI HIREN JASHVANTLAL SHAH	11,000
107	SHRI ASIT RAMESHBHAI SHAH	11,000
108	SHRI TAPAN G BHAGAT	11,000
109	SHRI ASHOK GOVINDLAL SHAH	11,000
110	SHRI DINESHCHANDRA PRANLAL GANDHI	11,000
111	SHRI NARENDRA ISHWARLAL DANI	11,000
112	MS. PURVI NIRAV DANI	11,000
113	SHRI PRANAV MAHESHKUMAR PAREKH	11,000
114	SHRI AMBAR JAYANTILAL PATEL	11,000





SR. NO.	DONOR'S	AMOUNT
115	AASTHA CHARITABLE TRUST	11,000
116	SHRI P N DHEBAR	10,000
117	DR P R SHAH	10,000
118	DR. SUBHASH RAGHUNATH APTE	10,000
119	MS. GOPIBEN NATHALAL VEGDA	10,000
120	DR. DHIREN GORDHANDAS GANJWALA	10,000
121	MS. NANDINI HARIKRISHNA KACHHY	10,000
122	MS. KIRTIDABEN MEHTA	10,000
123	SHRI BALDEVBHAI SHIVABHAI PATEL	10,000
124	MS. MINAL ANJAN DALAL	10,000
125	SHRI PRANAV GIRIRAJBHAI DESAI	10,000
126	SHRI PINKIBEN DHAVALBHAI NAIK	10,000
127	MS. SHARLIN SHAH	10,000
128	MS. RADHIKA PATEL	10,000
129	DR. ABHAY DIXIT	10,000
130	SHRI DHRUMIL A JOSHI	10,000
131	GIRIRAJ CHARITABLE TRUST	10,000
132	SHRI ASHIK PANALAL SHAH	9,000
133	SHRI DEVENDRABHAI TRIVEDI	8,000
134	MS. SADHNABEN JAWAHARBHAI SOLANKI	7,500
135	SHRI RISHABH RAMEESH DOSHI	7,000
136	MS. MAITRI S THAKKAR	7,000
137	SHRI JYOTINDRA MEHTA	5,001
138	MS. HARSHITA MAHENDRABHAI MODI	5,000
139	SHRI BALVANTRAI G DESAI	5,000
140	LALBHAI AND SHAKUNTALA CHARITABLE TRUST	5,000
141	DR. MRUSULA K LALA	5,000
142	MS. ARUNABEN ZAVERI	5,000
143	SHRI HITESHBHAI TRIVEDI	5,000
144	MS. MRUDULABEN TRILOKBHAI SAIBA	5,000
145	SHRI ASHWIN NATVARLAL SHAH	5,000
146	MS. PRITIBEN PATEL	5,000
147	MS. NEELAM K SHAH	5,000
148	MS. PARTHIVI MEETAL SHAH	5,000
149	SHRI SHARAD JAYANT SHAH	5,000
150	SHRI DILIPKUMAR DESAI	5,000
151	BHAILAL KESHAVLAL DALAL HUF	5,000
152	SHRI SANJAYBHAI DESAI	5,000
153	MS. KIRAN TEJINDER WALIA	5,000





Highlights of Support From USA -2020

- \cdot One of the toughest years so far in more than a decade
- $\cdot \qquad Accumulated \, donations \, worth \, \$40,\!000 + despite \, Covid \, pandemic$
- Conceptualized the FUNDRAISING CONCERT acquiring celebrity singers of San Francisco Bay Area namely HARJEET MEHNDI and AANAL ANJARIA.

HCF FUNDRAISING LIVE YOUTUBE WEB CONCERT

- Both Harjeet and Aanal, The Lead Artists performed Pro Bono
- Jagruti Desai, emceed the program donating her time and talent
- Raj Desai, CEO of India Cultural Center Provided FREE Concert Hall
- · Achal Anjaria managed sound and Zoom tech at no cost
- Poonam Bajaj of Sitaarre TV covered the program
- Glimpses of Program Link:

https://www.youtube.com/watch?v=4sQLx9nwz24&feature=youtu.be

• We, THE HCF India and Kirit Shah, President-International Resource Committee-HCF are indebted to Artists, musicians, Team USA and Team India for DONATING their time and talent





OUR ESTEEMED OVERSEAS DONORS

	NAME OF DONOR	DONATION AMOUNT IN USD
1	SATISH BHATT	7,660.00
2	SUREN KAPADIA THRU SUKARMA	5,000.00
3	SATISH BHATT	5,000.00
4	MEHUL PATEL	5,000.00
5	BIPIN SHAH	2,000.00
6	PRATIK PATEL	1,325.00
7	JATIN GAJARAWALA	1,001.00
8	NAISHADH K. & SAROJ N. SARAIYA	1,000.00
9	JASJIT AND GURPREET AHUJA	500.00
10	HARISH H. SHAH	500.00
11	DIPTI & BHARAT SHAH	500.00
12	KANU & RENUKA PATEL	250.00
13	BHAVESH DAVDA	200.00
14	RAJANI PATEL	200.00
15	CHANDRAKALA DOSHI	151.00
16	RAJAL KUSUMGAR	150.00
17	GIRISH H. SHAH	150.00
18	APEKSH DAVE	103.53
19	MAHESHKUMAR DESAI	100.00
20	ELNA MEHTA	100.00
21	BHARAT SHAH	100.00
22	RADHE MOONKA	100.00
23	JITENDRA PATEL	100.00
24	NAVIN & MONICA TEKWANI	100.00
25	JAY N. SHAH	100.00
26	KAVIRAJ CHOPRA	50.00
27	DARSHANA BHUTA	50.00
28	DARSHANA BHUTA	50.00
29	SHAILA KANAKIA	50.00
30	RAJ R. JHAVERI	25.00





Heartiest thanks to Well Wishers for support

- National Health Mission, Gujarat
- Rashtriya BalSwasthy Karykram (RBSK)
- Ahmedabad Municipal Corporation
- Shri Yogeshbhai Parikh Gujarat Offset
- Shri Chandrakant Sharedalal & Jayeshbhai Sharedalal
- Shri Shaileshbhai Dalal and Shri Harshilbhai Dalal Dalal Associates
- C. S. Samariya Red Cross International Eye Bank Ahmedabad
- Shri Bhaveshbhai Patel M/s. Amanta Health Care Limited
- Shri Sachinbhai Patel For hoarding advertising
- Shri Malaybhai Multani M/s Parshwa Infraventures



HEALTH & CARE FOUNDATION Annual Report 2020-21

OPD SCHEDULE

ORTHOPEDIC UNIT Monday, Wednesday, Friday 2 PM	CEREBRAL PALSY UNIT Friday 9:30 AM	OPHTHALMOLOGY UNIT	CENTER OF DIABETES	ENT CHECKUP Tuesday, Thursday & Saturday 10 AM to 12 PM	GASTROENTEROLOGY Thursday 4 PM
CLUBFOOT Monday, Wednesday, Friday 2 PM	AUTISM Wednesday 2 PM	GENERAL EYE CHECKUP Daily 9:30 AM to 5:30 PM	DIABETES CHECKUP Daily 9:30 AM to 1:00 PM	GENERIC MEDICAL STORE Daily 9:00 AM to 05:30 PM	NEPHROLOGY CLINIC Wednesday 09:30 AM to 10:30 PM
SPINE UNIT (SCOLIOSIS) Wednesday 2 PM	EEG Saturday 10 AM	DIABETIC RETINOPATHY Tuesday &Friday 2 PM	DIABETIC FOOT Daily 10 AM to 1PM	CHILD MALNUTRITION TREATMENT CENTER Daily 9:00 AM to 05:00 PM	PULMONOLOGY CLINIC Saturday 3.00 AM
HIP AND KNEE REPLACEMENT Monday, Friday 2 PM	SPEECH THERAPY Tuesday, Thursday 10 AM	PEDIATRIC OPHTHALMOLOGY Saturday 12 Noon	JUVENILE DIABTES CLINIC Saturday 10AM to 12NOON	MUSCULAR DYSTROPHY Saturday 12:00 Noon	GENERAL SURGEON Monday 09:30 AM to 11:00
CALIPERS AND ARTIFICIAL LIMB Daily 10:00 AM to 05:00 PM	EARLY INTERVENTION CENTER (Pediatrician) Daily 10 AM	CORNEA GRAFTING Thursday 4 PM	WOMEN WELLNESS CLINIC Saturday 2 PM (appointment basis)	VACCINATION Daily 10:00 AM to 01:00 PM	HEART DISEASES
PAIN AND PHYSIOTHERAPY	CLEFT LIP AND PALATE UNIT Thursday 11:30 AM	RETINOPATHY OF PREMATURITY Tuesday 1 PM	Health Checkup Daily 9 AM (appointment basis)	COUNSELLING AND PSYCHOTHERAPY Daily 10:00 AM to 05:00 PM	SONOGRAPHY & MAMMOGRAPHY Monday to Friday 10 AM
GENERAL PHYSIOTHERAPY UNIT Daily 9 to 6	PSYCHOLOGICAL ASSESSMENT Monday to Saturday 10 AM	CATARACT Daily 9:30 AM to 11:00 AM	PATHOLOGY LABORATORY Daily 9 AM to 5PM	YOGA Monday to Friday 08:00 AM to 11:00 AM	PEDIATRIC GENERAL SURGEON Tuesday 11:30 AM to 01:00 PM
PAIN MANAGEMENT CLINIC Monday, Wednesday, Friday 10 AM	DEVELOPMENTAL ASSESSMENT Thursday 10 AM	GLAUCOMA Monday 1 PM	RADIOLOGY UNIT Daily 9:30 AM to 05:30 PM	SENIOR CITIZEN WELLNESS CLINIC Monday to Friday 0200 PM	DERMETOLOGY Tuesday & Thursday 10 AM Monday & Friday9 AM
CANCER PAIN AND PALLIATIVE MEDICINE Tuesday 10:30 AM Wednesday, Friday 10 AM	ENT INVESTIGATIONS Tuesday, Thursday 10 AM Saturday 2 PM	ORBIT & OCCULOPLASTY Wednesday 2.30 PM	DENTAL UNIT Daily 9 AM to 5 PM	MINIMALLY INVASIVE SPINE SURGERY Friday 4 PM	UPPER EXTRIMITY Tuesday 3 PM to 4 PM





YOU CAN DONATE TO HEALTH & CARE FOUNDATION

* With IT Exemption *

Corpus / 80G / CSR Corpus / 80G Provisional Approval Number - AAATP1480HF20214 CSR - CSR00005410 Bank Name - BANK OF INDIA Bank Account No - 204710110002409 Bank Address - Deep Shanti, 1st Floor, Anjali Cross Road, Paldi, Ahmedabad, Gujarat 380007 IFSC Code - BKID0002047 MICR Code - 380013064

* Without Exemption *

Bank Name - THE KALUPUR COMMERCIAL CO-OPERATIVE BANK LTD Bank Account No - 02010114196 Bank Address - Near Ratnasagar Flat, Kesariyaji Cross Road, Jivrajmehta Hospital Road, Vasna, Ahmedabad - 380 007 IFSC Code - KCCB0VSN020 MICR Code - 380126019

* FCRA DETAIL *

HEALTH AND CARE FOUNDATION FCRA Certificate No. 041910250 Bank Name - STATE BANK OF INDIA Bank Account No - 40096251727 Bank Address - FCRA cell, 4th Floor, State Bank of India, New Delhi Main Branch, 11, Sansad Marg, New Delhi - 110001 IFSC Code - SBIN0000691 MICR Code - SBININBB104





YOU CAN DONATE TO HEALTH & CARE FOUNDATION THROUGH

ARPAN FOUNDATION is tax deductible 501(C) 3 Tax ID #20-5593243 ADDRESS : 556N, DIAMOND BAR BLVD, STE. 201-B, DIAMOND BAR, CA 91765 CONTACT :+310 707 1151 CONTACT :+310 707 1151 SHRI PARAGBHAI - + 310 707 1151 Email ID : parag@arpanfoundation.org MR. KIRIT SHAH - +15108614080 Email ID : kiritshah@yahoo.com WEBSITE : https://arpanfoundation.org INDIAN FOR COLLECTIVE ACTION, CALIFORNIA, USA ADDRESS :3838 Mumford Place, Palo Alto, CA 94306 CONTACT : +1 650-326-2542 CONTACT PERSON: MR KIRIT SHAH - +15 108 614 080 (+ 91 9898469828) Email ID : kiritshah@yahoo.com WEBSITE : http://icaonline.org/ ICA is a federally tax-exempt organization, described in IRS Code Section 501 © &npsp; All donations to ICA are tax-deductible to the full extent permitted by the law.

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